

Hands-on Exploitation & Hardening of Wearable and IoT Platforms

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Agenda

- Technical overview of an IoT/wearable ecosystem
- Building blocks
- Communication Protocols
- Case Studies
 - IEEE 802.15.4/ZigBee
 - Bluetooth and BLE

- ZigBee sniffing & packet injection
 - Plain-text
 - Simple integrity protection
 - Advanced integrity protection
- Ubertooth BLE sniffing
 - Basic sniffing
 - Crackle

- Hands-on exercises
- Privacy for next generation IoT/wearable platforms
- Security development lifecycle (SDL) overview

Instructors

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 - Security Analyst Deep Armor
 - Ola Security, Aricent/Intel

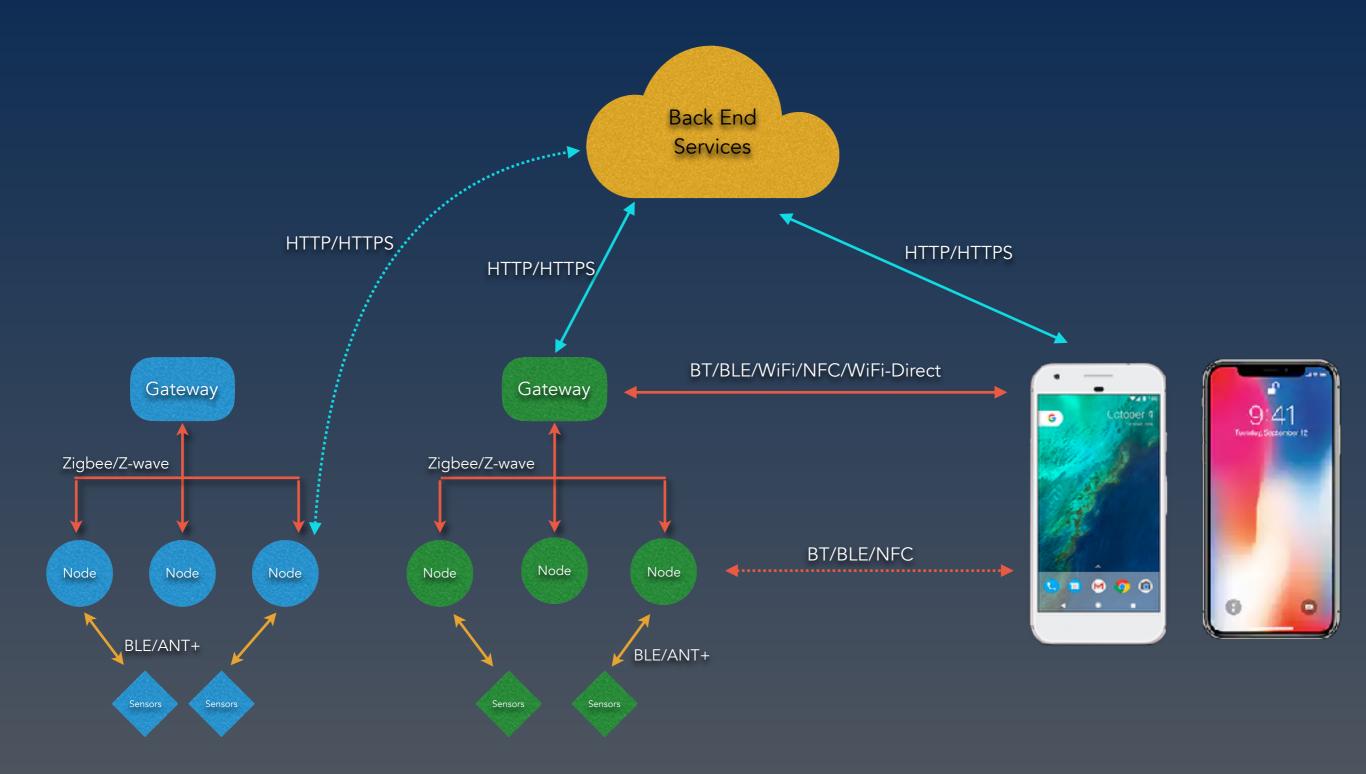


- Sumanth Naropanth
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IoT/Wearable Ecosystem



Building Blocks

Device	Mobile	Cloud
 Hardware Firmware/OS/RTOS Crypto Device Communication interfaces Communication protocols Device Software SDK Remote device management Third party libraries 	 iOS and Android apps Unity/VR apps SDK for third party apps and services 	 User & Admin portals Micro-services Databases Web applications Storage solutions SDK for third party services Analytics Data sharing

Security for IoT

- Why?
 - Personal and PII data
 - Healthcare, Payment, Critical Infrastructure, ...
- Messy
 - Defensive Security Measures
 - Plethora of protocols and standards
- Process & Technical challenges

Attacking IoT

New Car Hacking Research: 2017, Remote Attack Tesla Motors Again

by Keen Security Lab of Tencent

FDA confirms that St. Jude's cardiac devices can be hacked

by Selena Larson @selenalarson

(L) January 9, 2017: 3:53 PM ET

VPNFilter: New Router Malware with Destructive Capabilities

Unlike most other IoT threats, malware can survive reboot.

UPDATE: June 6, 2018:

HACKERS CAN DISABLE A
SNIPER RIFLE—OR CHANGE ITS
TARGET

Mirai variant botnet launches IoT DDoS attacks on financial sector

According to Recorded Future research, this could mark the first IoT botnet used in a DDoS attack since the initial Mirai attacks.

By Alison DeNisco Rayome 🏏 | April 5, 2018, 8 31 AM PST

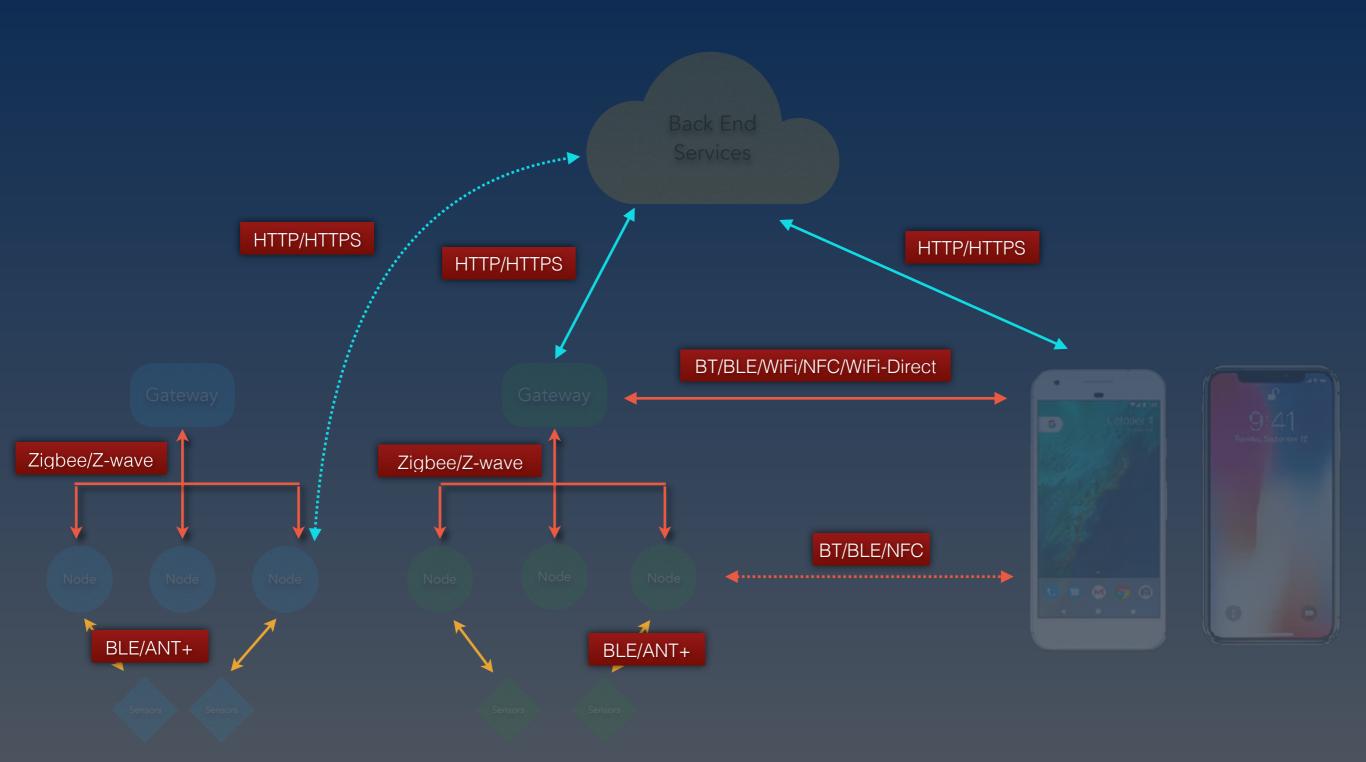
Weak Links?

Device	Mobile	Cloud
 Hardware Firmware/OS/RTOS Crypto Device Communication interfaces Communication protocols Device Software SDK Remote device management Third party libraries 	 iOS and Android apps Unity/VR apps SDK for third party apps and services 	 User & Admin portals Micro-services Databases Web applications Storage solutions SDK for third party services Analytics Data sharing

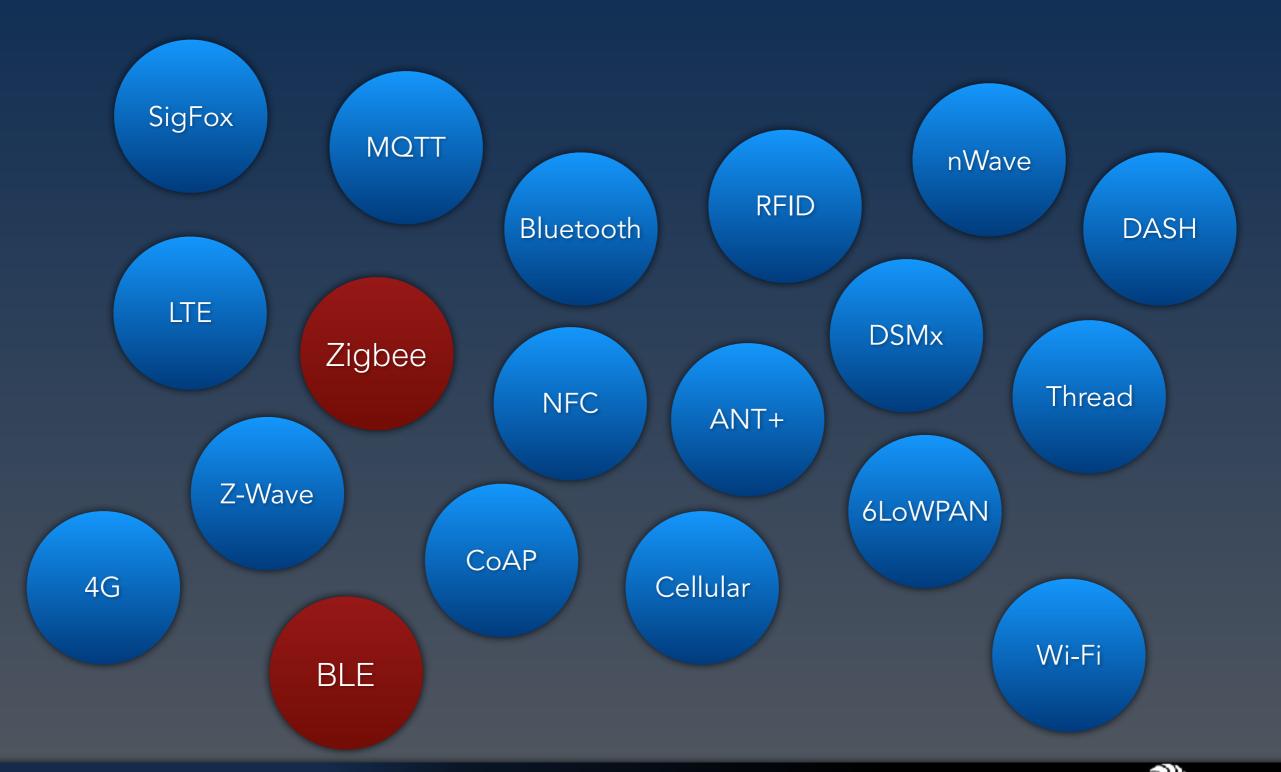
Weak Links

Device	Mobile	Cloud		
• Hardware		 User & Admin portals 		
• Firmware/OS/RTOS		Micro-services		
Crypto Device	• iOS and Android apps	• Databases		
Communication interfaces	 Unity/VR apps 	Web applications		
Communication protocols		Storage solutions		
Device Software SDK	 SDK for third party apps and services 	SDK for third party services		
Remote Device management		• Analytics		
Third party libraries		• Data sharing		

Communication Channels



IoT Protocols



Zigbee

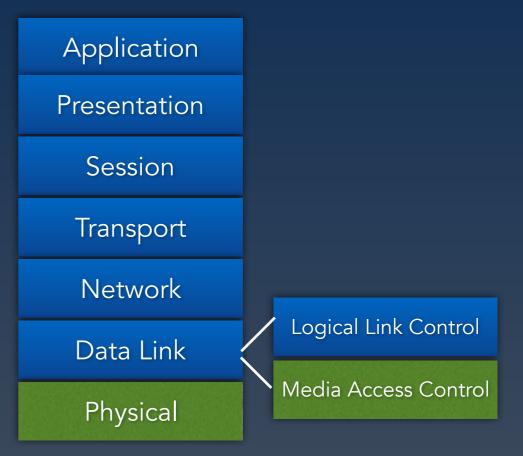
802.15.4

802.15.4

 IEEE standard for low-rate wireless personal area networks (LR-WPANs)

 6LoWPAN for IPv6 over WPANs

 Zigbee extends 802.15.4 (wrapper services)



Zigbee

- Low data rate wireless applications
- Smart energy, medical, home automation, IIoT
- Two bands of operation: 868/915MHz and 2450MHz
- Simpler & less expensive than Bluetooth
- 10-100m range
- Zigbee Alliance

Zigbee Security Model

- Open Trust model (Device Trust Boundary)
- Crypto protection
 - Network Key
 - Link Key (App Support Sublayer)
- Secure key storage assumptions
- Transmission of network key for new nodes
- Hard-coded Trust Center Link Keys

Exercise 1

Sniffing and Packet Injection in an 802.15.4 network

Overview

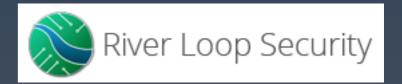
- IoT product simulator
- Zigbee-like 802.15.4 based communication protocol
- Packet sniffing, capture and injection
- Goals:
 - Basic packet header formats
 - Security models for protecting comms
 - Hardware and software tools for packet sniffing & injection

Tools

- Microchip's RZUSBStick
 (2 "Victims" and 1 "attacker")
- KillerBee firmware
 - IEEE 802.15.4/ZigBee Security Research Toolkit
 - River Loop Security
- KillerBee tools
 - ~17 tools
 - zbwireshark and zbreplay
- Scapy





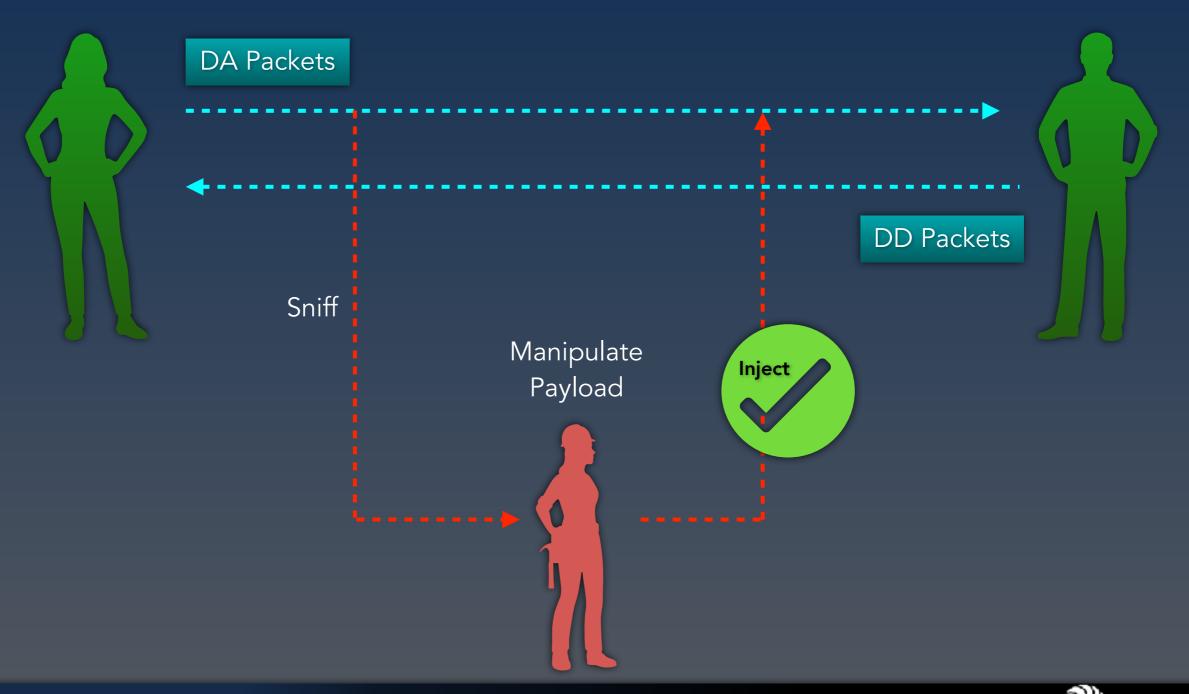




Scenario 1

Packet sniffing & Injection

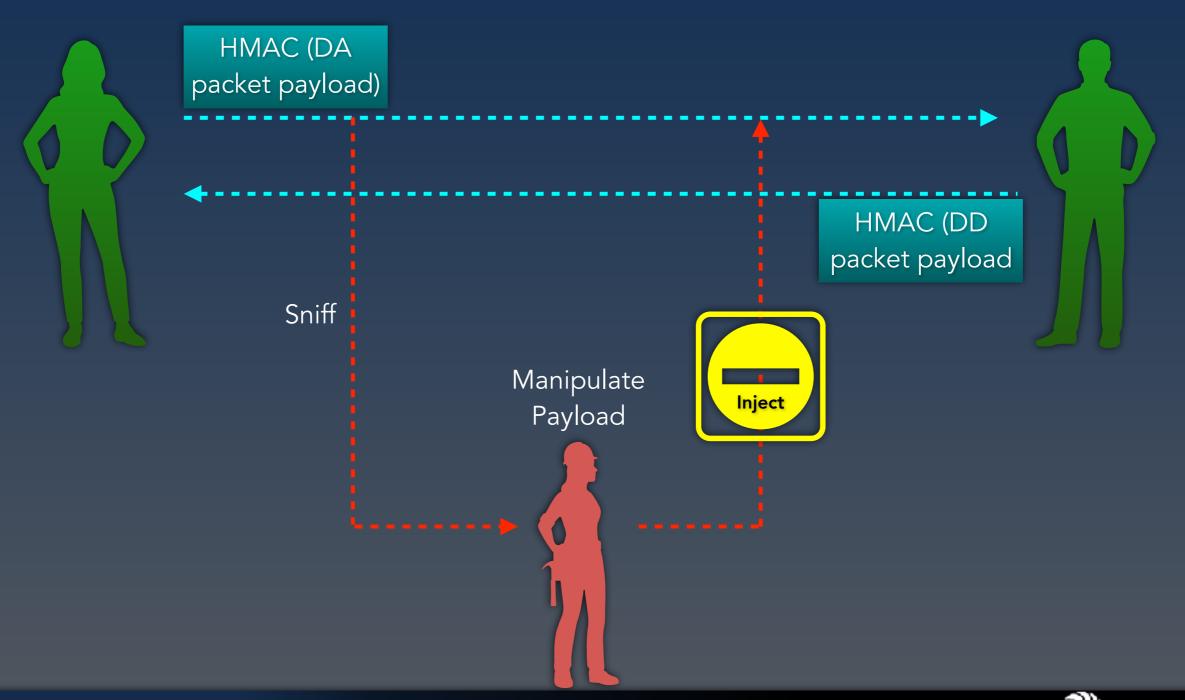
Outline



Demo

Scenario 2a
(Some Security)

Outline

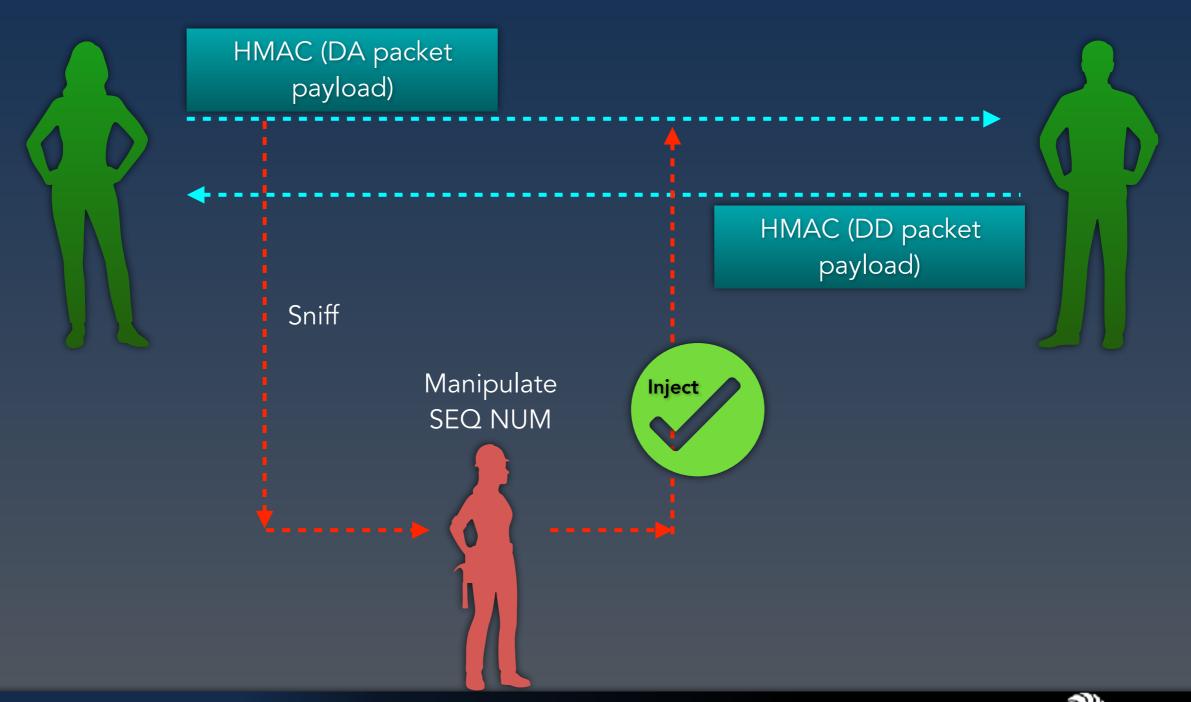


Demo

Scenario 2b (Some Security)

Demo (first)

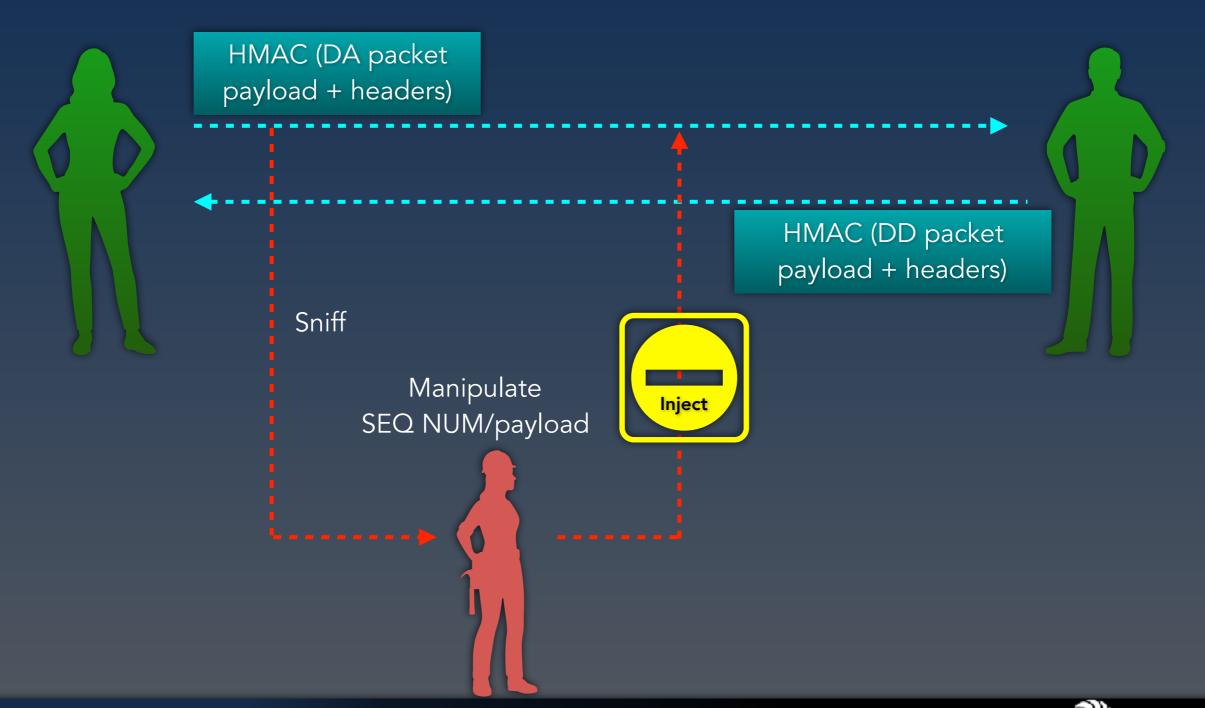
Outline



Scenario 3

(Full Security)

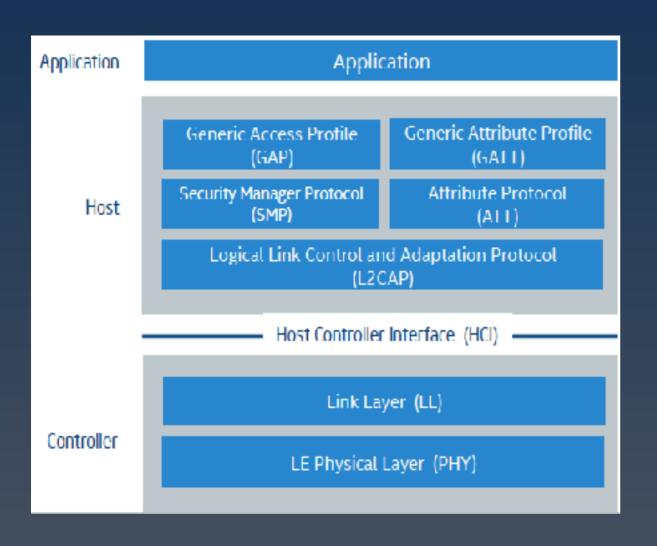
Outline



Demo

Bluetooth and Bluetooth Low Energy (BLE)

Overview: Bluetooth Stack



GAP

Defines how devices discover, connect and create bonding between them

GATT

Describes characteristics, services and type of attributes/ their usage

SMP

Protocol for pairing and key distribution and authenticating other device
Shared secrets can be managed and hence speed-up the reconnection process

ATT

Simple Client/ Server stateless protocol with rules for accessing data on a peer device

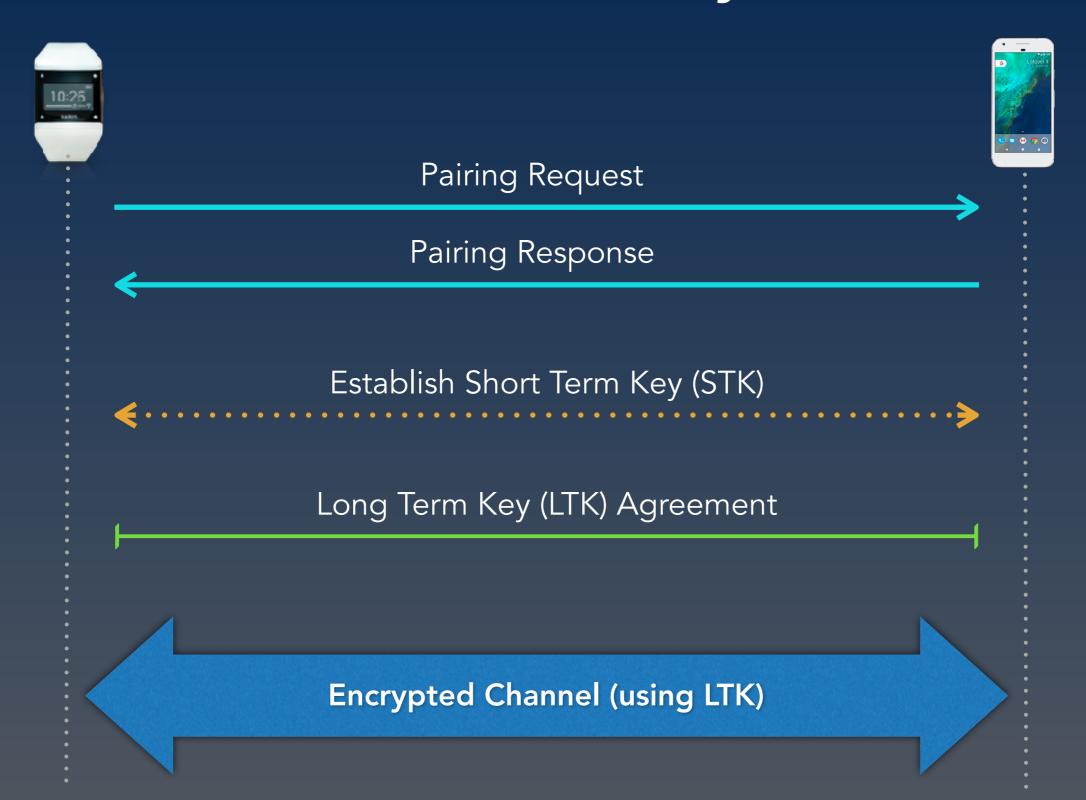
L2CAP

Multiplexing layer for BLE

Intro to BLE

- Wireless protocol for short range data exchange (~10 to 100 m)
- Light-weight subset of classic Bluetooth with low power consumption
- Operates in radio frequencies between 2.4 to 2.485 GHz
- Managed by the Bluetooth Special Interest Group (SIG)
- Use cases include wearable devices, smart pay systems, smart security systems etc

BLE Security



Pairing Algorithms

Secure Simple Pairing

- Just Works: very limited/ no user interface
- Numeric Comparison: devices with display plus yes/ no button
- Passkey Entry: 6 digit pin as the pass key
- Out Of Band: Use of an out of the band channel against MITM attacks

Security weaknesses in BT/BLE

- Security of the communication link depends on pairing algorithm
- Eavesdropping on pairing mechanism compromises encryption keys
- 'Just works' mode prone to MITM attacks
- Apps (on the same phone as the companion app) snooping on encrypted BLE traffic
 - Our talk yesterday

BT/BLE Security - Tools

- Ubertooth
- Bluefruit LE sniffer
- NRFsniffer (Nordic BLE sniffer)
- Ellisys sniffer

Exercise 2

BLE packet eavesdropping with Ubertooth

Overview

- Market products for fitness tracking
- Use Bluetooth Low Energy
- Packet sniffing, capture and cracking LE encryption
- Goals:
 - BLE traffic eavesdropping
 - Tools to crack the basic security offered by BLE spec

Tools

- Ubertooth One
 - Great Scott Gadgets
 - 2.4 GHz wireless deployment platform for BT experimentation
- Wireshark
- "Malware" Android app and logcat
- Mike Ryan's crackle











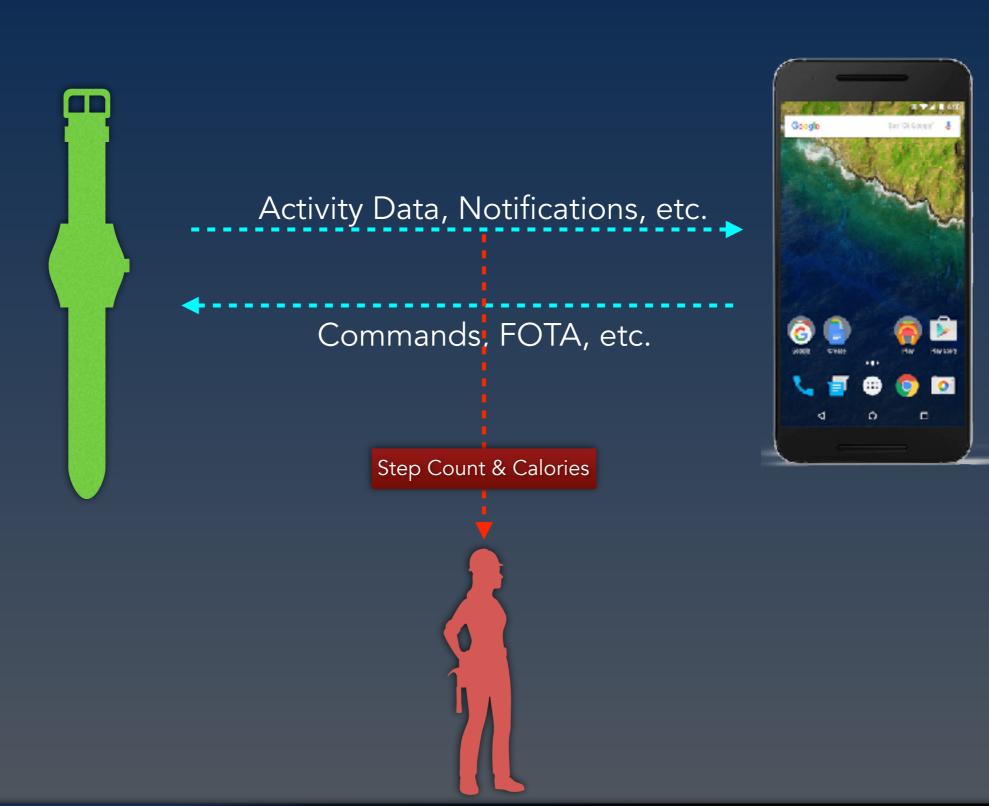
Problems & Packet Injection

- Multiple advertising channels (37, 38, 39)
- Uncertainty —> 3 Ubertooths are better than 1
- Custom FW for packet injection

Scenario 1

Packet sniffing — 'X' Fitness Band

Outline

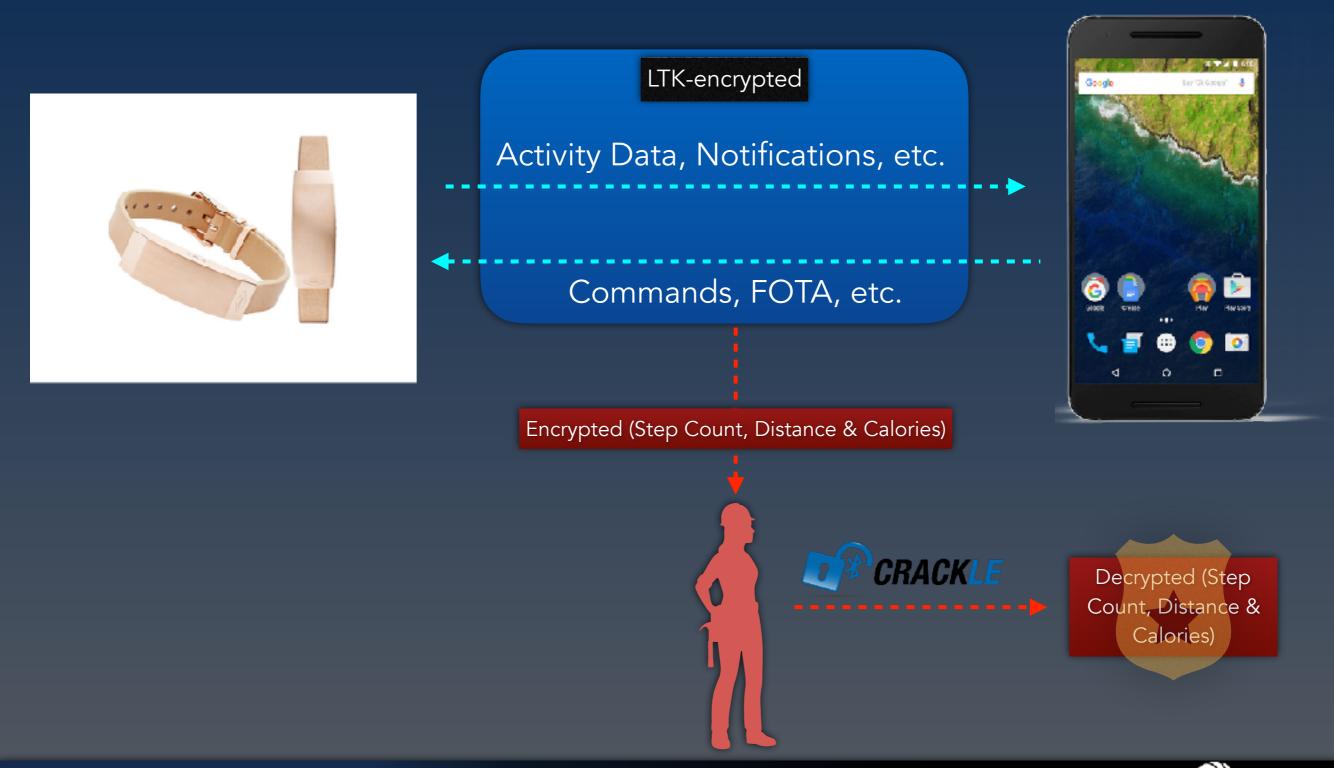


Demo

Scenario 2

Packet sniffing & LE Encryption cracking — Fossil Q

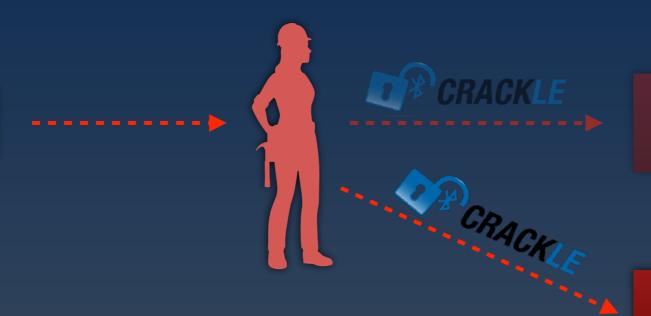
Outline



Demo

What happened there?

LTK-Encrypted (Step Count, Distance & Calories)



Decrypted (Step Count, Distance & Calories)

Decrypted ((**Encrypted**(Step Count, Distance & Calories))

LTK-Encryption

BLE Link Layer

Wrapper Service B

Wrapper Service A



BT/BLE problems with Android and iOS



Device Commands:

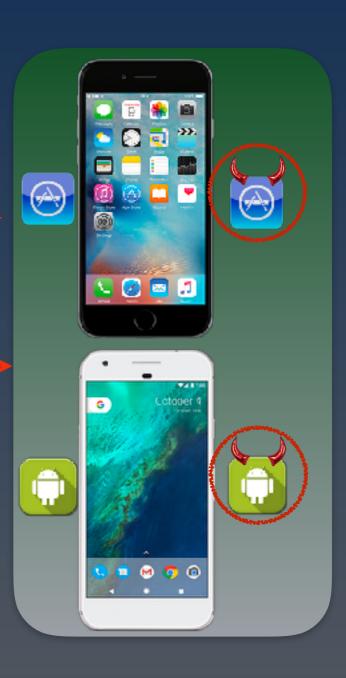
- Put device into recovery mode
- Do a FW update
- Change Device (BLE) name

Notifications:

- Social apps
- Calls and texts

Information:

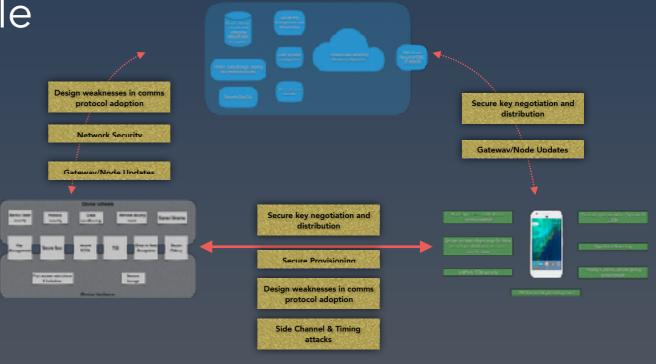
- User activity data
- User profile updates
- Application action (calls, music control)
- Call/text/social updates (sometimes)





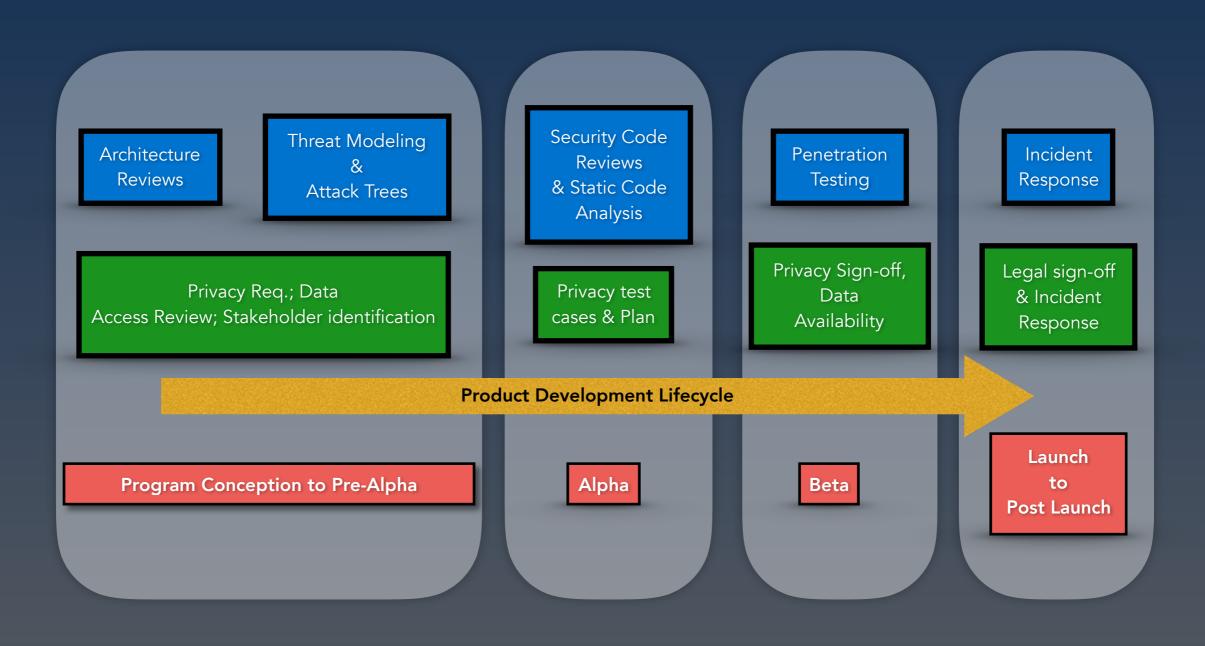
Secure by Design for IoT

- Starts with architecture and product design
 - Multi-device crypto flows
 - In-field read/write disable
- Shift-left
- Ecosystem security



Unshackling from traditional SDL

Security & Privacy Development Lifecycle



Privacy

- Why worry?
 - Global Markets
 - Country-specific guidelines
 - Ecosystems and overlapping policies

Quantifying Privacy Vulnerabilities

- <quote>Common Vulnerability Scoring System (CVSS) is a free and open industry standard for assessing the severity of computer system security vulnerabilities </quote>
- Privacy vulnerabilities?
- CVSS Extensions Framework
 - Allowing CVSS to be extensible by third parties

Summary

- Plethora of protocols (and standards)
- Custom hardware & software for IoT comms penetration testing
- RZUSBStick works great. Also, APImote
 - Not much else
- BT/BLE sniffing is still sketchy
- SDL/SPDL and Shift-left



SDL

Vulnerability Assessments

Security Consulting

Trainings