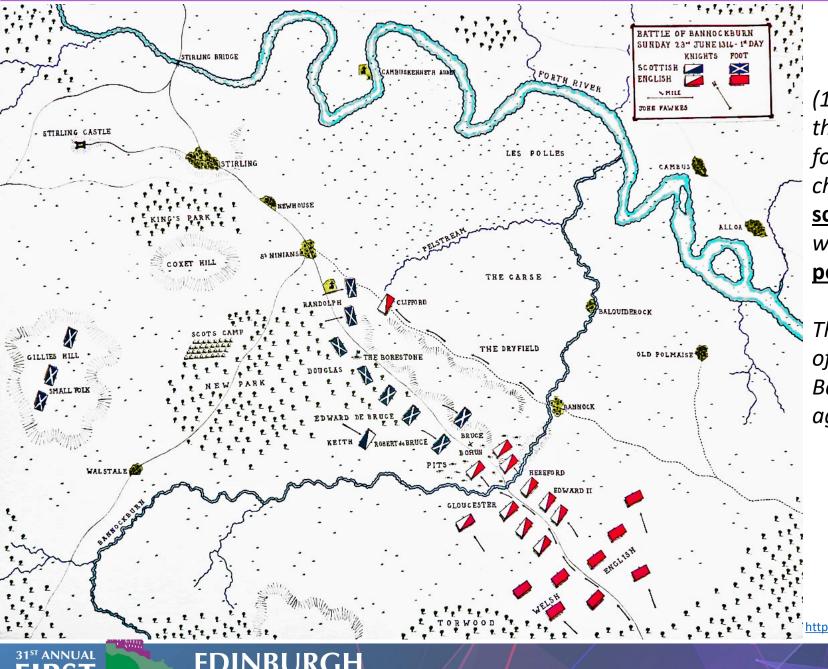


EDINBURGH JUNE 16-21 **2019** 

# CSIRT Schiltron: Training, Techniques, and Talent

Jeff Bollinger
James Sheppard
(Cisco CSIRT)



(1314) Robert the Bruce positioned his army in the New Park with Randolph's schiltron to the fore and his own immediately behind it. The chosen <u>method</u> of combat was for each <u>schiltron</u> to form a <u>bristling mass of spears</u> which the English knights would be <u>unable to</u> <u>penetrate</u>.

The Scots dug <u>concealed pits</u> across the front of their position and along the bank of the Bannockburn to break up any mounted charge against them.

https://www.britishbattles.com/scottish-war-of-independence/battle-of-bannockburn/

EDINBURGH JUNE 16-21 2019



https://www.britishbattles.com/scottish-war-of-independence/battle-of-bannockburn/

How can an incident response teams enable **readiness** and improve **capabilities** with evolving threat profiles that require new approaches and new skillsets?

- Mail and phishing messages have become the primary malware infection vector;
- Cryptominers have become an important monetization vector for cyber criminals;
- State-sponsored agents increasingly target banks by using attack-vectors utilized in cyber crime;
- The emergence of IoT environments will remain a concern due to missing protection mechanisms...
- Cyber **threat intelligence** needs to respond to increasingly automated attacks...
- Skills and training are the main focus of defenders.

#### PRESS RELEASE

### Exposure to cyber-attacks in the EU remains high - New ENISA Threat Landscape report analyses the latest cyber threats

In 2018, the cyber threat landscape changed significantly. The most important threat agent groups, namely cyber-criminals and state-sponsored actors have further advanced their motives and tactics. Monetisation motives contributed to the appearance of crypto-miners in the top 15 cyber threats.

Published on January 28, 2019



Tagged with Cyber Threats, Threat landscape

Advances in defence have also been assessed: law enforcement authorities, governments and vendors were able to further develop active defence practices such as threat agent profiling and the combination of cyber threat intelligence (CTI) and traditional intelligence. This led to a more efficient identification of attack practices and malicious artefacts, leading in turn to more efficient defence techniques and attribution rates.

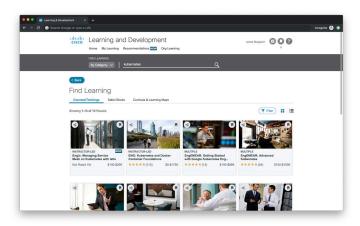
"We are witnessing the development and deployment of new technologies, which are reshaping the cyber landscape and significantly impacting society and national security. The European Union needs to be ready to adapt to and reap the benefits of these technologies to reduce the cyber-attack surface. This report raises awareness of the cyber dangers that citizens and businesses should be conscious of and responsive to. It provides recommendations as to how the digital single market can prepare an adequate response to cyber threats, with certification and standardisation at the forefront", said ENISA's Executive Director Udo Helmbrecht.

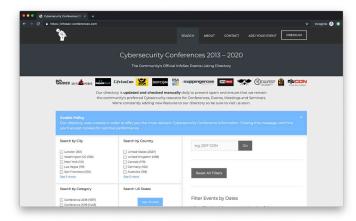
#### References

- ENISA Threat Landscape Report 2018
- http://www.enisa.europa.eu/media/newsitems/news-wires/RSS
- http://www.enisa.europa.eu/media/pressreleases/press-releases/RSS



# We Value Learning & Development







SANS Courses
Cisco L&D
Conferences
CTFs
Tabletops
Purple Team

## We Needed More

- Training based on real cases and real data.
- Useful to newbies and veterans alike.
- Tailored challenges unique to the IR role.
- Teaching on incidents with similar characteristics and techniques.
- Fostering collaboration, camaraderie, and trust.

## **Team Training Goals**

- Security 101
- Case Work
- Data Sources
- Internal Tools



## **Security 101**

- New analysts typically arrive with some domain knowledge
- System and networking basics are crucial to daily work and understanding
- Develops better "hacker mindset" builds on curiosity
- Evaluates efficacy/comprehension of commercial training programs



## Casework

- Pairing operational/technical knowledge with practical security comprehension
- Helps to maintain consistency in response
- Introduces useful tricks/tips that senior teammates have used over the years
- Drawn from *real incidents* to allow replaying a part of an investigation



## **Data Sources**

- We're a *data-centric* team that makes decisions based on evidence in the available data.
- Understanding how to effectively search all the available data sources can take time
- Knowing what data is available and what questions can be answered delivers better analysis and results.



## **Internal Tools**

- Tools get built over the years and often forgotten.
- The time to learn how to use tools is not during an incident.
- Having practice and understanding how to use features saves time and minimizes delays.



# Skills Training

### Why a Blue Team CTF?

- Certifications and professional training organizations teach security/technology skills not operations/SOP
- We can tailor the training content to our team goals
- Hands-on training / terminal time
- Several audits (ex. ISO27001) require annual training programs
- People are familiar with the CTF format
- Gamification\* removes the dread of boring training/testing/drilling
- Cost FOSS. Only need a small server and to develop your own training content

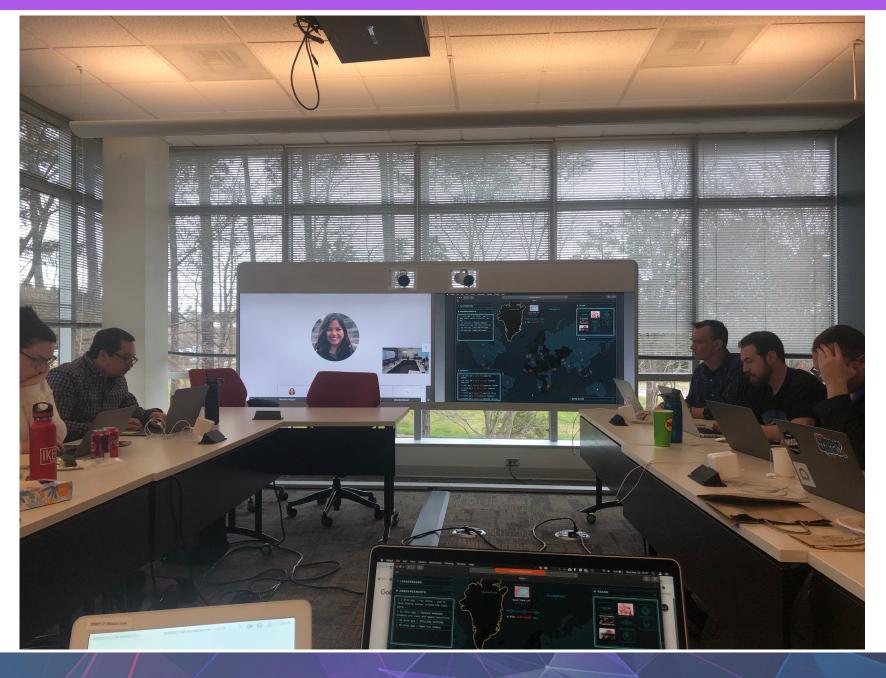
## Blue Team CTF

- Must fit the training goals
- Fun
- Interesting interface
- Easy to run/support
- Decent scoring/teaming interface



https://github.com/facebook/fbctf

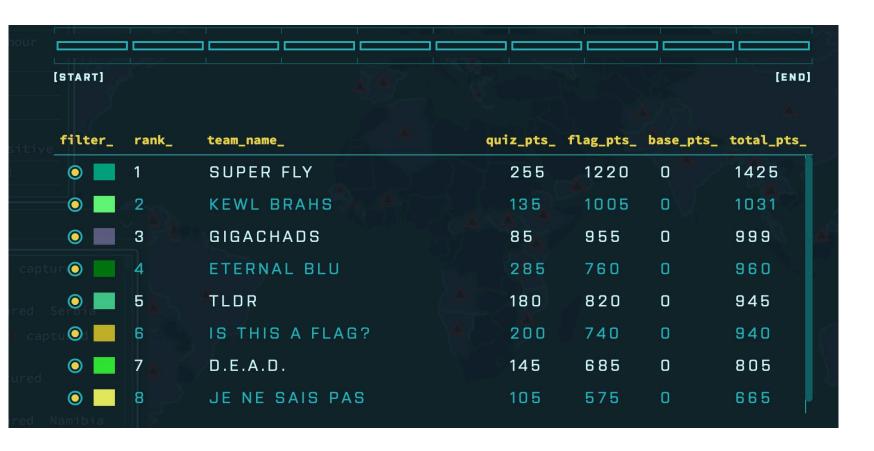
- 4 Hours
- 30 Participants
- All branches of CSIRT
- 8 Randomly selected teams
- 4 Different Sites
- 49 Flags/Quizzes
- 100+ Tacos





FIRST CONFERENCE

# Prizes!





# Security 101

CATEGORY	QUESTION	HINT
Security 101	What networking technique prevented Wannacry from encrypting its victims?	The same technique our DNS RPZ can use

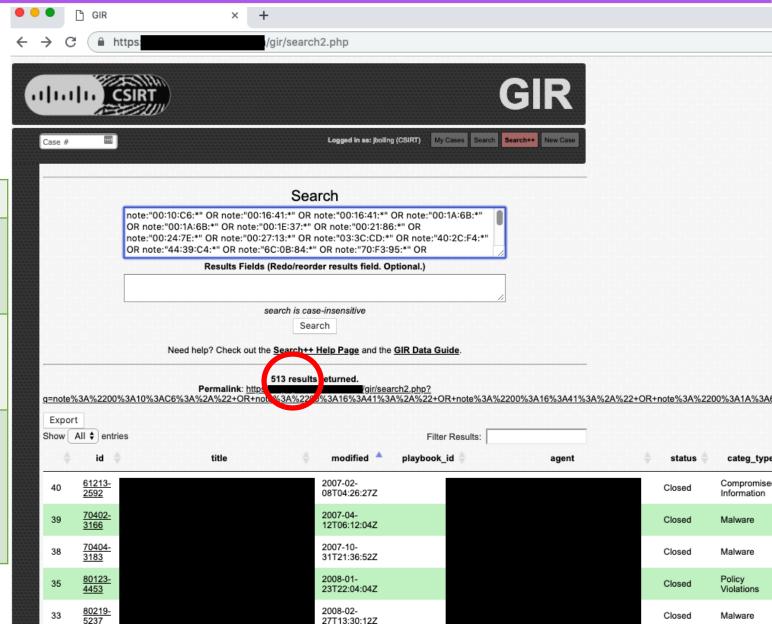
# Security 101

FLAG	TESTS
Sinkhole	How [part of] Wannacry worked
	Common terminology used in takedowns and security research
	Basic understanding of our DNS Response Policy Zone features

https://tools.ietf.org/id/draft-vixie-dnsop-dns-rpz-00.html

CATEGORY	QUESTION	HINT
Case Work	How many cases have been opened that have references in the case notes to MAC addresses created by "Universal Global Scientific Industrial Co."?	note:"00:10:C6:*" OR

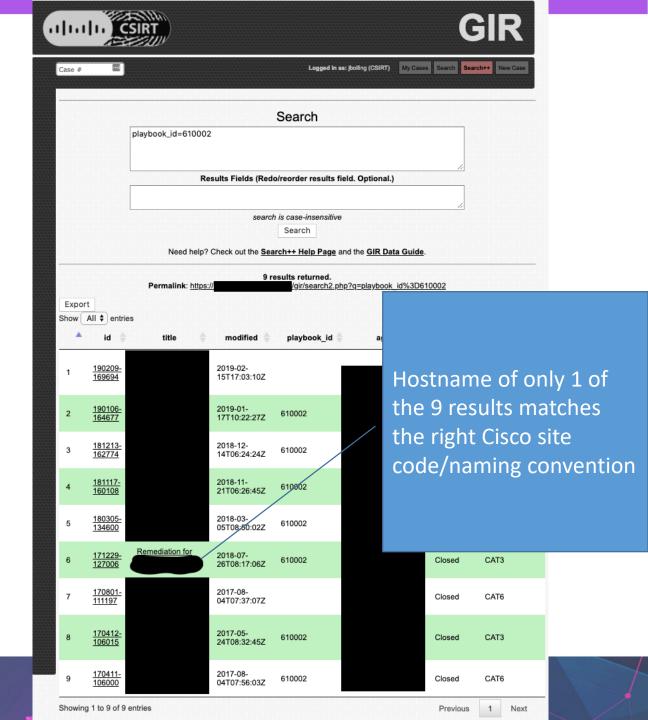
FLAG	TESTS
513	Basic case repository searching
	Case details and typical metadata captured
	Knowledge of MAC Address organizationally unique identifier (OUIs)





CATEGORY	QUESTION	HINT
Case Work	Which server (hostname) hosted in the UK triggered the play described in bug 12161?	playbook_id=610002

FLAG	TESTS
	Basic case repository searching
SRV-GPK12-RS-T	Connection between Incidents and CSIRT Playbook
	Knowledge of internal host naming
	Experience finding playbooks and detection methods.





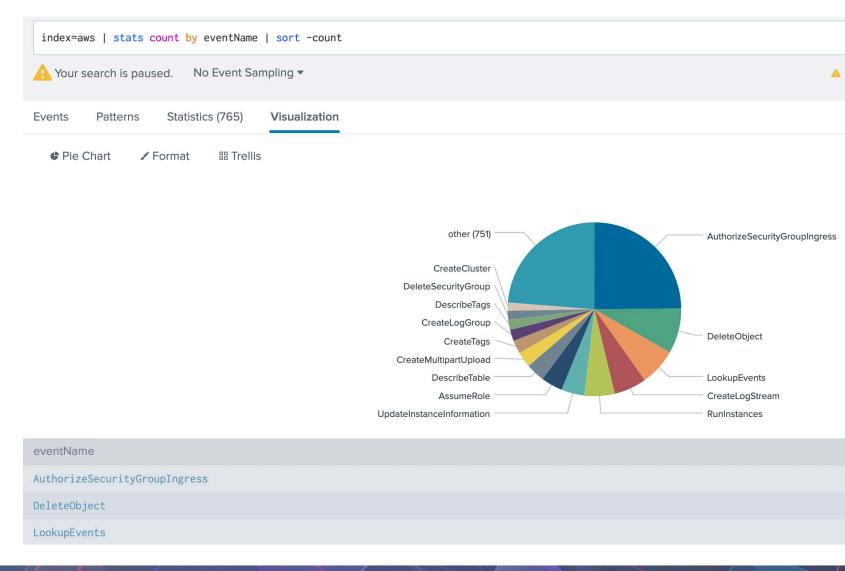


# **Data Sources**

CATEGORY	QUESTION	HINT
Data Sources	What is the most common event name in our AWS data?	index=aws   stats count by eventName   sort -count

# **Data Sources**

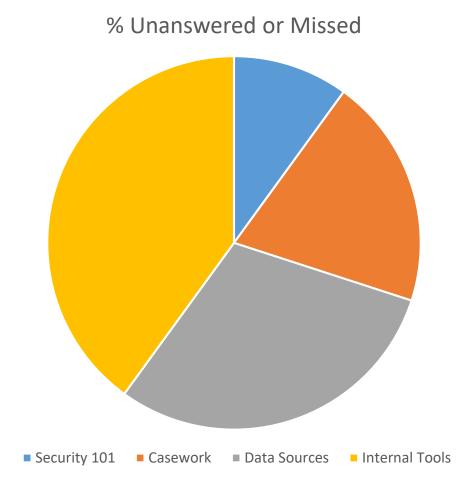
FLAG	TESTS
AuthorizeSecurity GroupIngress	Splunk search/stats
	Type of AWS log events
	Where to find AWS events





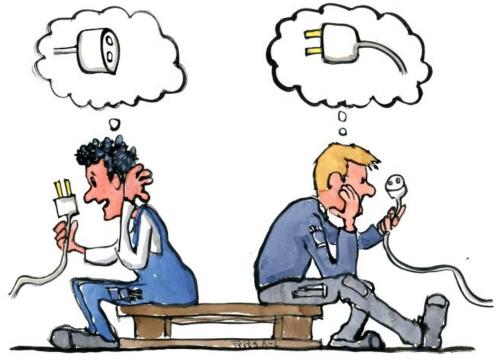


# Find the Gaps



# The Biggest Win?

**The social aspect** – getting people to work together that typically don't work together.



Source: https://www.flickr.com/photos/hikingartist/28221166901/



# **CSIRT Innovation Challenge**

Improving Capabilities



# CSIRT Innovation Challenge

An invitation to use your creativity, talents, and knowledge to improve security at Cisco





#### Three...

New challenges are regularly posted to the innovation hub/dashboard, each focusing on a specific area of IR.

#### Two...

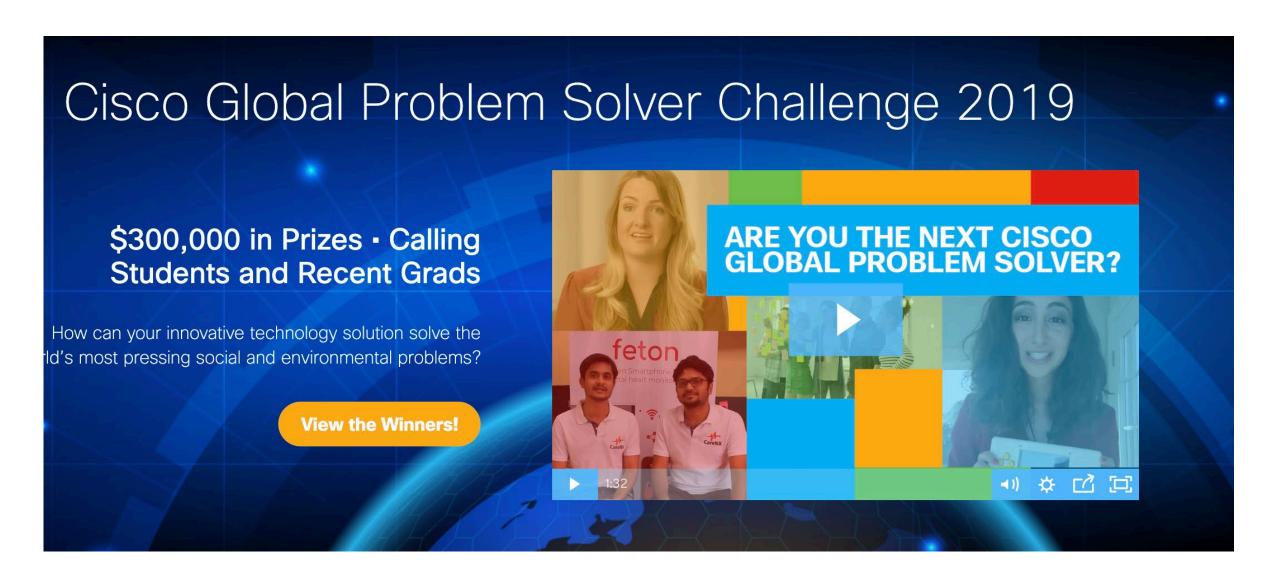
CSIRT Individuals & teams use their creativity and talent to contribute "something" related to the challenge.





#### One...

Submissions are reviewed by a panel of stakeholders and the most impactful contribution wins a reward.













\$100,000 Grand Prize

\$75,000 First Runner Up \$25,000 Second Runner Up

Oorja: Oonnati PAYG Community Solar Pumping Systems

Solar Freeze

Calla Imaging

Oorja deploys and operates PAYG Community Solar Pumping Systems to provide affordable pay-per-use irrigation services to smallholder farmers.

A one stop turnkey portable off-grid toolkit for localized rural food.

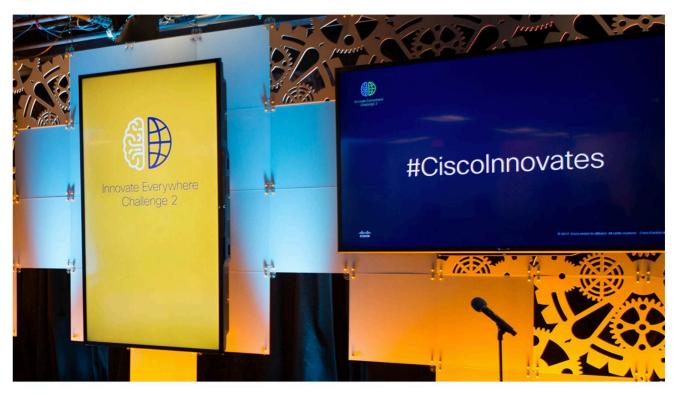
A patient-centric cervical cancer screening technology with mHealth communication, patient data storage and artificial intelligence capabilities.



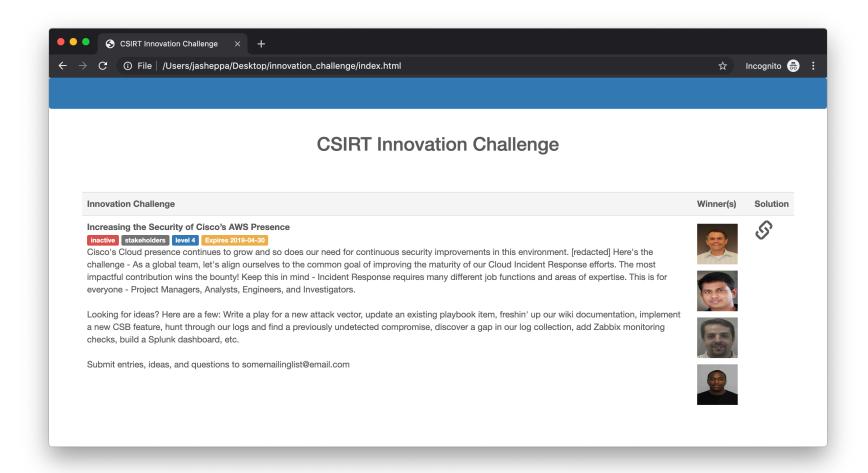
# Innovate Everywhere Challenge discovers the greatest ideas within Cisco



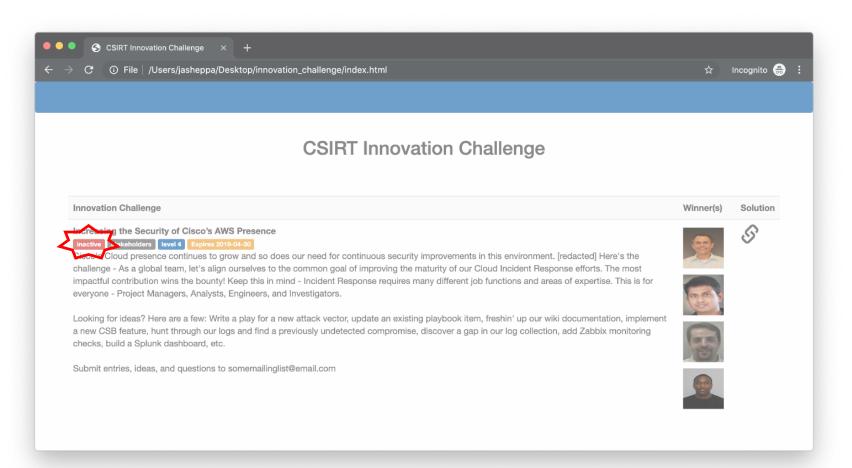
by Stephanie Chan ② June 07, 2017



Cisco's Innovate Everywhere Challenge asks employees to bring their most innovative ideas to the forefront. See the excitement from this year's finalist pitches.







### **Active/Inactive**

• Is this challenge open for submissions?

#### **Stakeholders**

Who sponsored this challenge?

### **Difficulty**

Corresponds to reward level

### **Expiration**

• When does this challenge end?

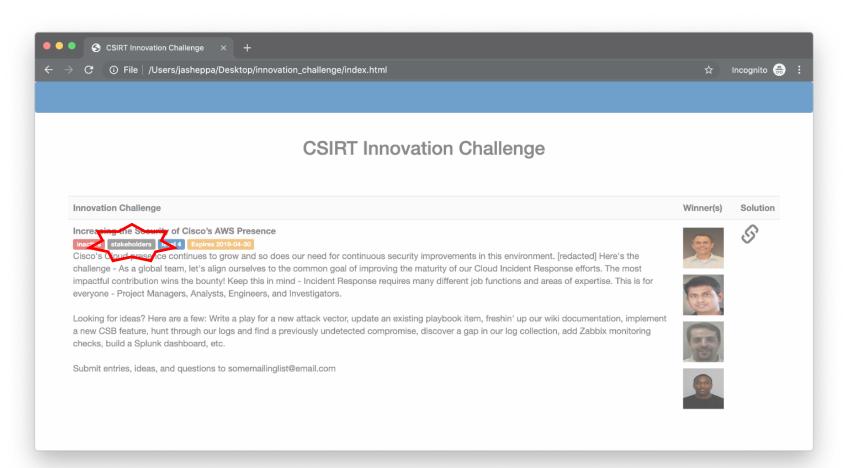
### **Description**

What is the scope of the challenge?

### Winner(s) + Solution

Who won? Why? What did they submit?





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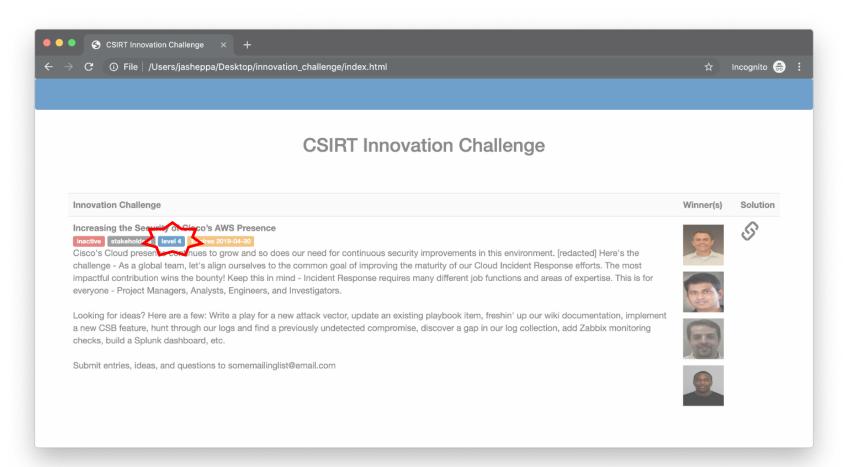
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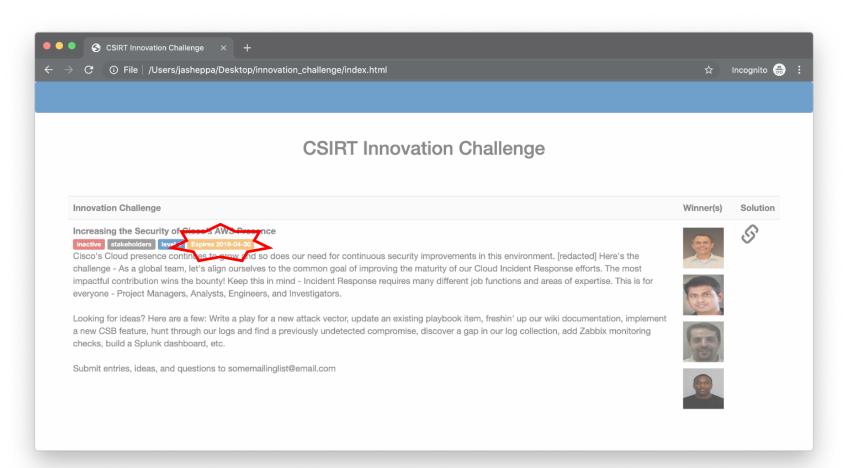
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# Innovation Hub/Dashboard



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# **Expiration**

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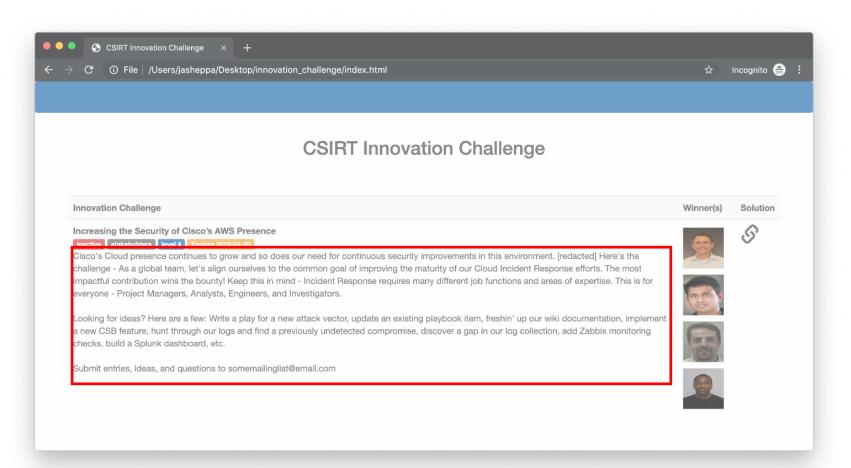
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# Innovation Hub/Dashboard



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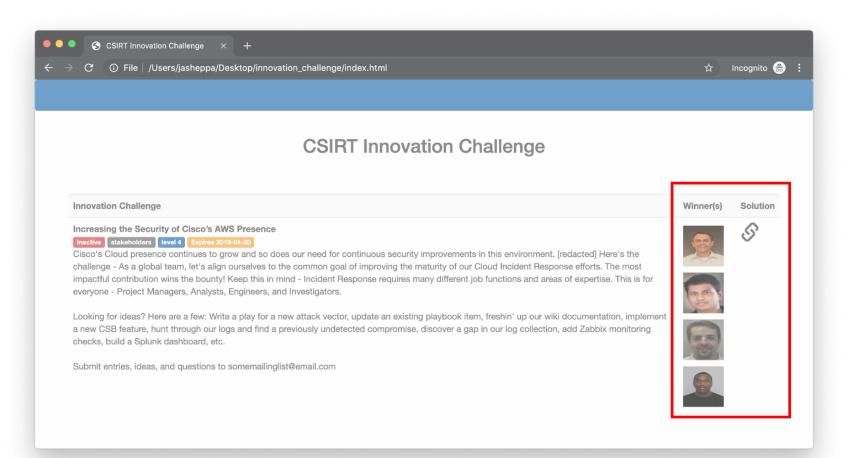
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# Innovation Hub/Dashboard



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Winning contribution from the April 2019 Innovation Challenge

#### The Challenge

Cisco's Cloud presence continues to grow and so does our need for continuous security improvements in this environment. As a global team, let's align ourselves to the common goal of improving the maturity of our Cloud IR efforts.



A novel detection technique for finding and alerting on API calls coming from unusual IP spaces (typically outside Cisco or AWS). Also includes proposal for proactive enumeration of ACLs attached to programmatic users.



#### Impact 3...

Automated alerts & reporting directly to tenant owners.

#### Impact 2...

Provides additional visibility into our Cloud "API Footprint".

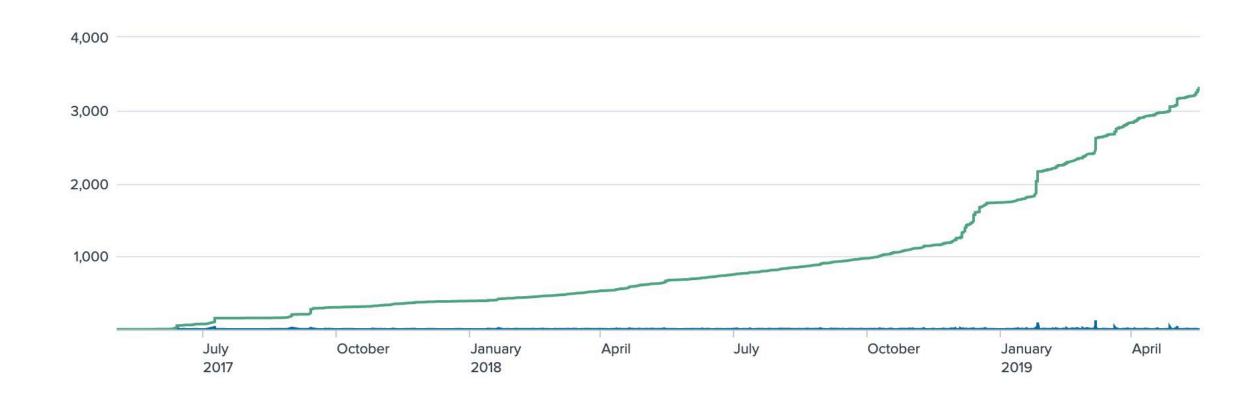
#### Impact 1...

This contribution was a direct result of an incident.

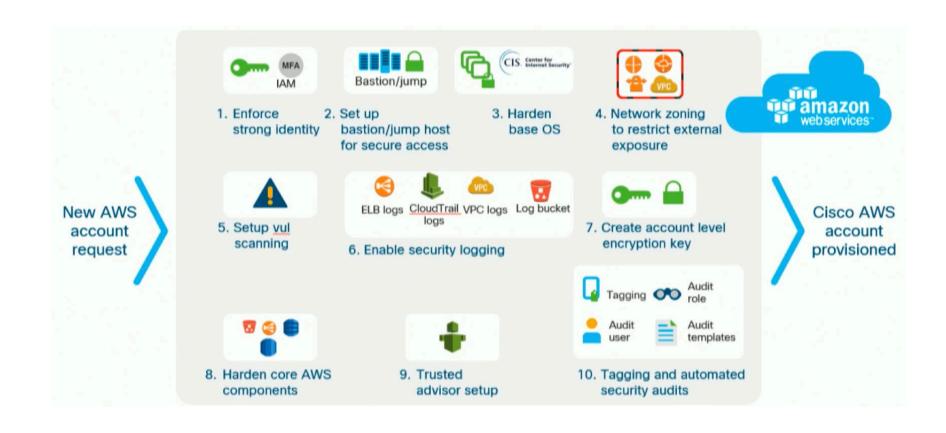




# Growing Cloud Presence









Overall Risk Score:



	Security Metrics	
	Section	Section Score
7	Identity and Access Management	- 100/100
	2. Network Security	- 90/100
	3. Storage (S3 buckets)	- 100/100
	4. Tagging	- 90/100
	5. External Vulnerabilities	- 100/100
	6. CIS AWS Benchmarks	- 100/100
	7. Trusted Advisor Checks	- Not Scored

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#### Impact 1...

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Over a period of 90 days, there were **84,751,672** 'AwsApiCall' events originating from 1400+ AWS accounts, sourced from **3,155** different ip addresses. **353** of those IP addresses originate from outside Cisco and Amazon.

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#### Impact 1...

This contribution was a direct result of an incident.





Here's what we've **learned** from implementing and running the challenge



#### Three...

Motivating people is hard, and people are motivated by different things.

#### Two...

We have existing momentum we must overcome and this will take time.

#### One...

Ideas are (mostly) useless without execution.





# How do *you* address the challenges of training & development?