

FIRSTCON25

Detection Engineering 101

Establishing a Structured Approach to Detection Engineering

2025.6.26

Tomohisa Ishikawa, Ph.D., CISSP, CSSLP, CCSP, CISA, CISM, PMP

scientia.admin@gmail.com

@scientia_sec



1ST EDITION

Practical Threat Detection Engineering

A hands-on guide to planning, developing,
and validating detection capabilities



MEGAN RODDIE
JASON DEYALSINGH | GARY J. KATZ



Tomo

\$ whoami

Name :

Tomo (Tomohisa Ishikawa)

Affiliation:

Distinguished Cyber Security Architect @ Tokio Marine HD

Certifications:

Ph.D., CISSP, CSSLP, CCSP, CISA, CISM, PMP etc.

Expertise Area:

Ex-Red Teamer and Current Blue Teamer

- Security Strategy, Security Architecture, Cyber Threat Intelligence, Security Operation...*

External Activity:

- Member of National IT Exam Committee*
- Cybersecurity Experts in Gov Agency (part-time)*
- Speaker @ DEFCON24 SE Village, LASCON 2016, BSide Philadelphia 2016, FIRSTCON23, GCC 2024-2025...*
- Author of book related to Cyber Threat Intelligence*
- Translate 7 cybersecurity books into Japanese*

Today's Goal :

*Sharing structured approach of Detection Engineering &
Understand how to operationalize Detection Engineering Process*

Agenda :

- *Part I: Defining Detection Engineering*
- *Part II: Detection Engineering Process Deep Dive*
- *Part III: "Successful" Detection Engineering Program*

Part I : Defining Detection Engineering

What is Detection Engineering?

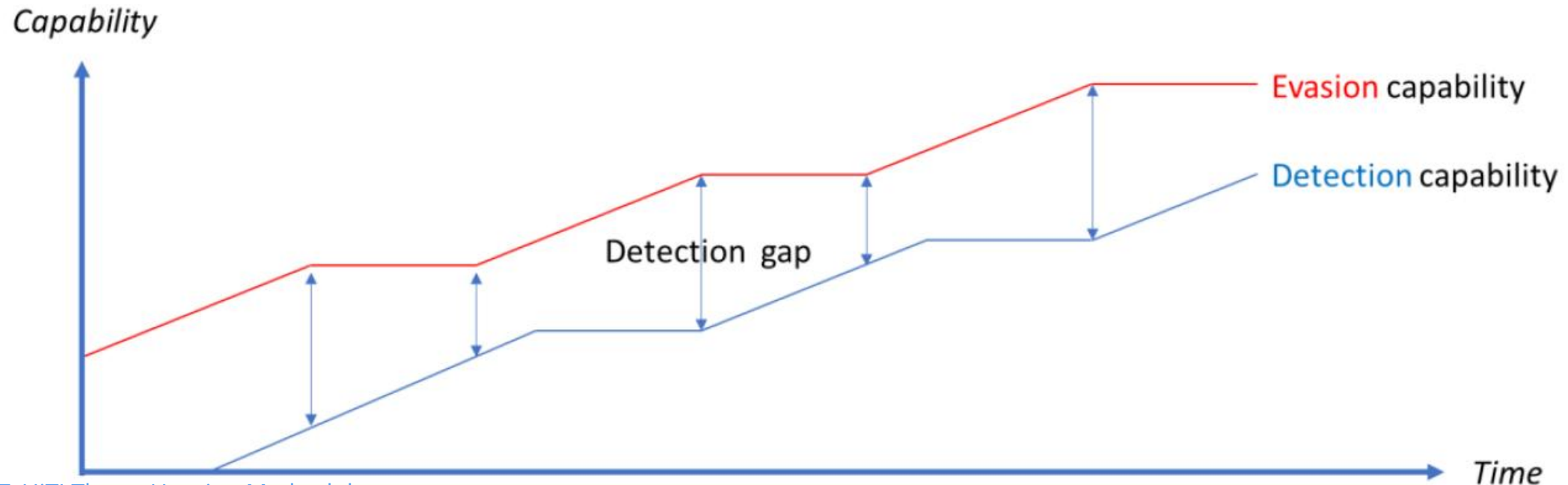
What is Detection Engineering ?

- Many definition is available, but definition from SentinelOne says:
 - *“Detection engineering is a structured approach to developing, optimizing, and managing rules, alarms, and processes to detect threats or suspicious activity in real-time”*

What is Detection Engineering?

- **Propose Another Definition of “Detection Engineering”**
 - *“Systematic approach to mind Detection Gap”*
- **Detection Gap :**
 - “Cat & Mouse Game” btw “Threat Actor” and “Blue Team”

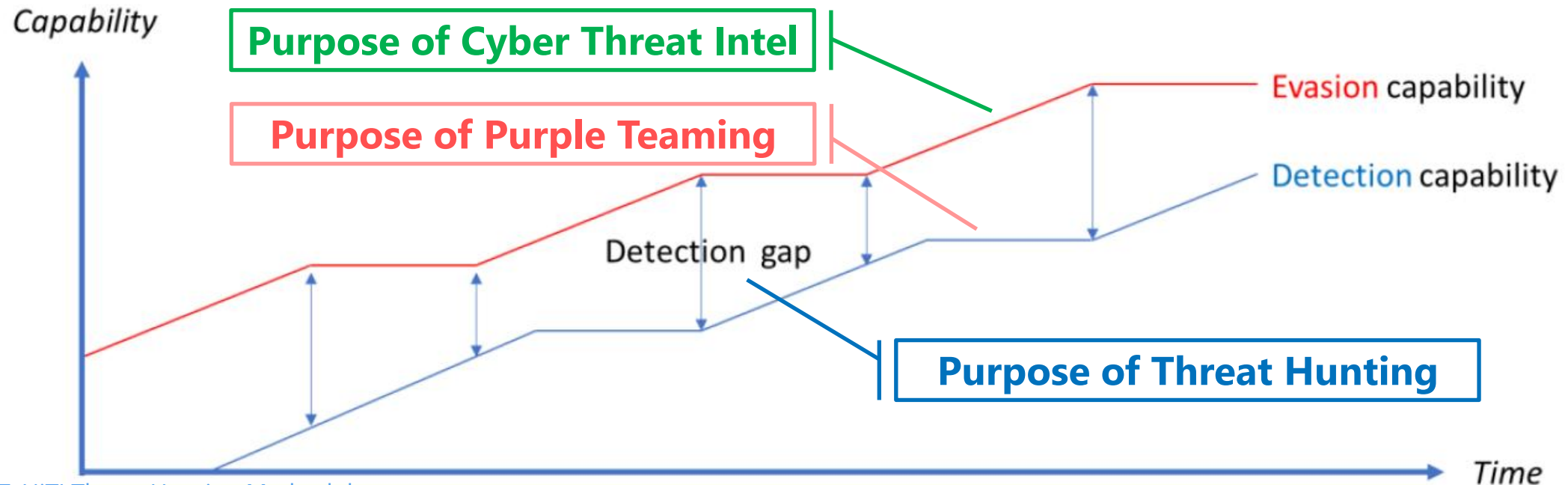
< What is Detection Gap? >



What is Detection Engineering?

- **Three way to “Identify” Detection Gap**
 - **Cyber Threat Intel** : Identify latest TTPs
 - **Purple Teaming** : Identify existing Prevention & Detection capability
 - **Threat Hunting** : Identify unknown threat evading existing security mechanisms
- **Detection Engineering is to “Mind” Detection Gap**

< What is Detection Gap? >

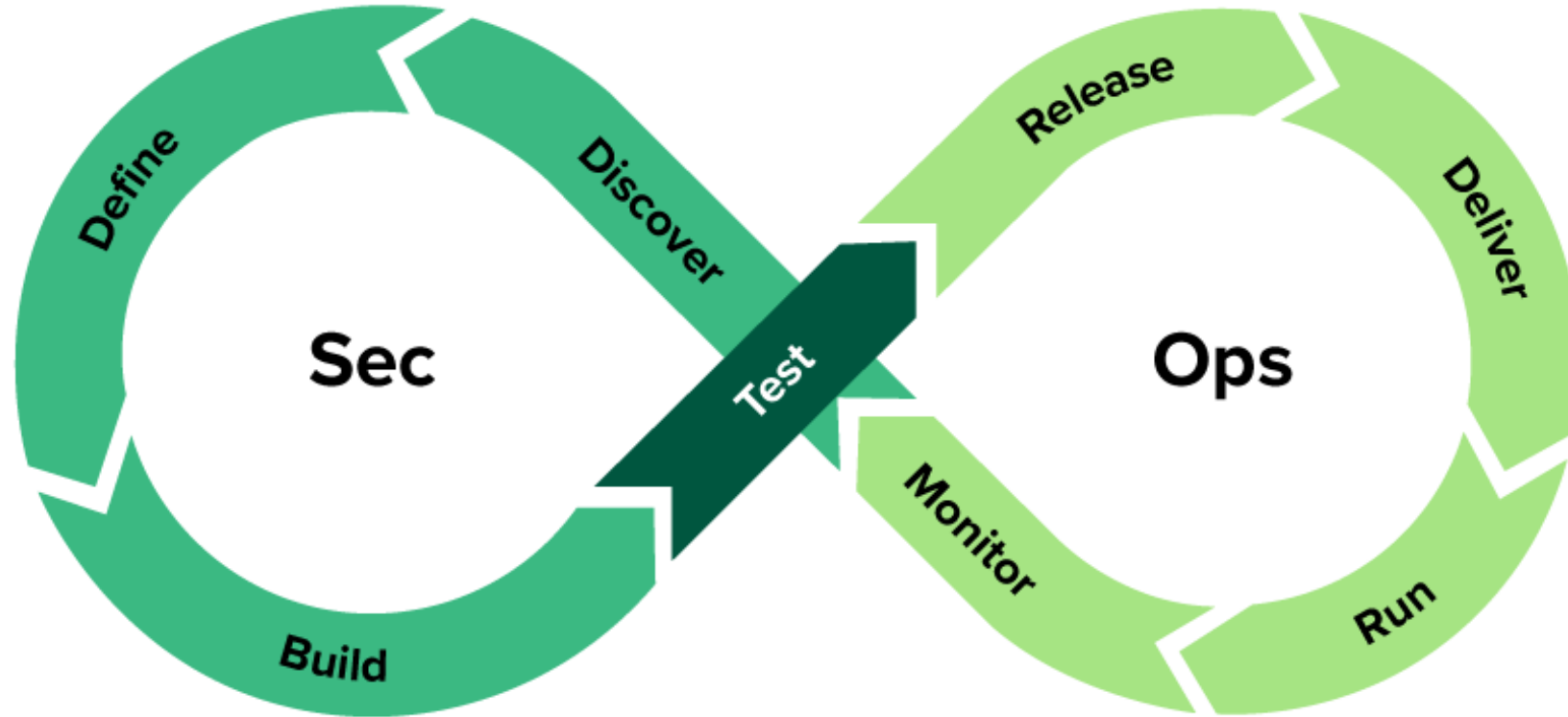


What is Detection Engineering?

- **Three Characteristics of “Detection Engineering”**
 - Proposed by Forrester Principal Analyst (Allie Mellen)
 - *#1 : Detection as Code*
 - Use and Manage detection rule as code (YARA, SIGMA etc.)
 - *#2 : Applying Software Engineering*
 - *Structured Approach = Software Engineering*
 - “The application of a *systematic, disciplined, quantifiable approach* to the development, operation and maintenance of software” (definition of Software Engineering by IEEE)
 - Use metrics for evaluating and managing detection engineering
 - *#3 : “Agile” Approach*
 - Start Small, and Continuous Improvement

DR-DLC : Detection & Response Development Life Cycle

- Originally proposed by Forrester Principal Analyst (Allie Mellen)



<https://www.forrester.com/blogs/announcing-the-detection-and-response-development-lifecycle-dr-dlc-for-detection-engineering/>

Part II : Detection Engineering Process Deep Dive

DR-DLC : Detection & Response Development Life Cycle



< Overview of Each Phase >

Step	Description
<i>Discover</i>	Identify detection rules that need to be created or improved.
<i>Define</i>	Define the requirements for detection rules.
<i>Build</i>	Create detection rules that meet the defined requirements.
<i>Test</i>	Test whether the detection rules function as expected.
<i>Release</i>	Review and approve the created detection rules.
<i>Deliver</i>	Document, manage, and store the detection rules in the appropriate repository
<i>Run</i>	Deploy and execute the detection rules in the production environment.
<i>Monitor</i>	Manage the accuracy and quality of detections based on KPIs and functional metrics.

Detection Engineering Process



Phase 1 – Discover

- Identify detection rules that need to be created or improved
- 4 Major Request Path

< 4 Major Request Path in Discover Phase >

<i>Request from...</i>	Request Overview
CTI Analyst	<ul style="list-style-type: none">• By using CTI input for encountering new threat
SOC Analyst	<ul style="list-style-type: none">• SOC analyst is working on the cyber attack frontier, and their insight will be helpful• SOC analyst also request DE based on the results of purple teaming and threat hunting
Security Policy	<ul style="list-style-type: none">• Business and security policy require additional control for securing the environments• Ex) prohibiting specific services
“Monitoring phase”	<ul style="list-style-type: none">• “Monitoring” phase is evaluation phase of detection rule quality

Detection Engineering Process

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 2 – Define

- Based on “Discover” phase, we will define/describe the requirement for detection rules
- Two activities is required.
 - *Step 2-1 : Detection Requirement Definition*
 - *Step 2-2 : Triage (prioritization)*

Detection Engineering Process

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 2 – Define

• 2-1 : Detection Requirement Definition

- Define the requirement for creating “detection rule”

< RESCUE framework for Detection Requirement Definitions >

Components	Details
<i>Requester</i>	Person to request to create detection rule (Need to satisfy requester’s expectation)
<i>Evidence</i>	Provide CTI and log data that form the basis for creating detection rules
<i>Scope</i>	Define the scope for detection rules (target scope and time period to be applied)
<i>Contents</i>	Define the technical details of detection rule
<i>Utility / Urgency</i>	The reason that this specific detection rule needs to be created (used for deciding priority)
<i>Exception</i>	Describe exceptions of detection rule for false positives prevention

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 2 – Define

• 2-2 : Triage (Prioritization)

- Based on defined “requirement”, we decide the priority
- Triage criteria in addition to “Utility / Urgency” of RESCUE framework is as follows.

< Triage Criteria >

Viewpoint	Details
<i>Severity</i>	Does this requirement bring a significant impact if detection rules are not created?
<i>Consistency</i>	Does the detection requirement align organization profile with the attack targets, intent, and capabilities of each threat actors?
<i>Coverage</i>	Does the requirement enhance the organization's detection coverage based on identified "detection gaps" from purple teaming or threat hunting?

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 3 – Build

- After “Define” phase, we will build “detection code” that meet the defined requirements.
- Two activities is required.
 - *Step 3-1 : Design*
 - *Step 3-2 : Development*

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 3 – Build

• 3-1 : Design

– (A) Research

- Understanding necessary components to create “detection code”
 - *Source* : What kind of log source are necessary?
 - *Logic* : What kind of detection logic are required?
 - *Conditions* : What kind of conditions are required to avoid “false positive”?

– (B) Describe “Technical Specification”

- Use **H.O.P.E. framework** for concise “Technical Specification”

– (C) Create Validation Criteria

- Prepare test data and validation criteria for “Test” phase

Detection Engineering Process

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 3 – Build

• 3-1 : Design

- **H.O.P.E. framework** can help to build “Technical Specification”

< H.O.P.E framework for Technical Specification >

Components	Examples
<i>Hypothesis</i>	“Threat actor create suspicious Domain Account”
<i>Object of Investigation</i>	Windows Event Log in Domain Controller Server
<i>Procedure</i>	Filter by Event ID (4720) and search log entries of account creation when helpdesk is closed
<i>Evaluation Criteria</i>	If expected entry is found, code generate alerts

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 3 – Build

- **3-2 : Development**

- Based on “design”, we will develop actual “detection rule”.
 - SIGMA
 - YARA

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 4 – Test

- Based on Detection Code created in “Build” phase, we test whether the detection rules function works as expected.
- **The purpose of “Test” phase**
 - To ensure that the detection code is implemented appropriately by aligning with the requirements definition and returns the expected behavior and results
- **Use Two Types of Test Data**
 - Known Good : Confirming no false positive
 - Known Bad : Confirming no false negative

Detection Engineering Process

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 5 – Release

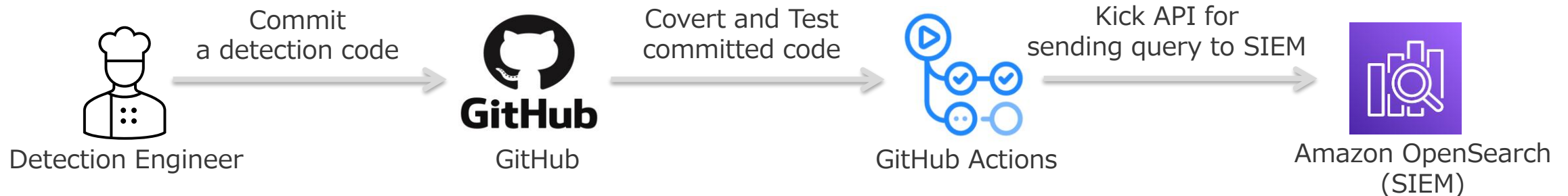
- Review and approve the created detection rules.

Phase 6 – Deliver

- Document, manage, and store the detection rules in the appropriate repository

For release and deploy management, Detection Engineering best practice typically recommends to use CI/CD pipeline.

< Sample workflow of CI/CD pipeline for Detection Engineering >



Detection Engineering Process



Phase 7 – Run

- Deploy and execute the detection rules in the production environment.
- Use “Deployment Tag” on sharing confidence level of detection rule to manage the commitment level of SOC analyst.

< Deployment Tag >

Viewpoint	Details
<i>Experimental</i>	Detection rules that have not undergone extensive testing in a live environment. It is desirable to limit the scope of application and restrict alert reviews to only the rule creator, excluding other SOC analysts.
<i>Testing</i>	Detection rules that have progressed from the "Experiment" phase and are now available for broader use. From the perspective of detection quality, all SOC analysts review alerts at a lower priority compared to "Stable" rules.
<i>Stable</i>	Rules that have been deemed stable and are fully deployed in the production environment. SOC analysts review these rules with high priority. If false positives or improvements are needed after deployment, consultation with a Detection Engineer is required.

Detection Engineering Process

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 8 – Monitor

- Manage the accuracy and quality of detections based on KPIs and functional metrics.
- Use 3M+C framework originally proposed by *“Practical Threat Detection Engineering”*

< 3M +C Framework for “Monitor” phase>

*M*etrics

- Evaluate “detection rules” performance from statistical KPI

*M*onitoring

- Continuously analyze actual “alerts” from detection rule to avoid false positive

*M*aintenance

- Update “detection rules” based on updated **threat intelligence** and additional insight from security operation including **threat hunting**

*C*ontinuous Validation

- Conduct **purple teaming** continuously to identify “detection gap”

Detection Engineering Process

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 8 – Monitor

- Deep Dive : “**Metrics**”
 - Evaluate “detection rules” performance from statistical KPI (**Top-Down approach**)

< Example of “Metrics” alerts >

Metrics	Meaning
Number of Detection Alerts	The number of detection alerts that need to be reviewed by analysts.
Analysis Results	The number of cases where analysts reviewed alerts and determined whether they were false positives.
Average Time to Close	The average time required to analyze a alert and close it.
Standard Deviation of Time to Close	Time deviation to analyze and close alerts.
Change in Time to Close	The difference in the average time to close before and after updating detection rules.

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 8 – Monitor

- Deep Dive : “**Monitoring**”
 - Continuously analyze actual “alerts” from detection rule (**Bottom-Up approach**)
 - Even we have various validation in test phase, we might have “false positive”
 - Ex) “nc” command detection => “rsync” or “sync”
 - Ex) “Emotet” detection of Excel Macro execute “powershell.exe”

Discover

Define

Build

Test

Release

Deliver

Run

Monitor

Phase 8 – Monitor

- Deep Dive : “**Maintenance**”
 - “Agile” Approach - *“Start Small, and Continuous Improvement”*
 - Various Approach are available:
 - Use External Threat Intelligence
 - Analyze Similar Malware (i.e. VirusTotal Commercial License)
 - Utilize Deception Techniques for Detections

Detection Engineering Process



Phase 8 – Monitor

- Deep Dive : “**Continuous Validation**”
 - Same as **Purple Teaming** as below, but apply “atomic” purple teaming concept



< VECTOR framework for Making Scenarios>

Components	Details
<i>Validation Scope</i>	Define the direction of validation (which TTPs/Techniques?)
<i>Exception</i>	Describe exception for this validations
<i>Control Scope</i>	Define the scope of detection mechanism, technical control, and logs
<i>Testing Procedure</i>	Define step-by step procedure of testing
<i>Outcome Expected</i>	Define expected results by proceeding “testing procedure”
<i>Review Criteria</i>	Define the review criteria whether or not existing “detection code” correctly works.

Part III : "Successful" Detection Engineering Program

"Successful" Detection Engineering Program

What is the "Successful" Detection Engineering Program

- 3 critical KPI will define what is "successful" in Detection Engineering Program

< 3 Critical KPI for "successful" detection engineering program >

Metrics	Viewpoint	Overview
<i>MTTD + MTTR</i>	<i>Time</i>	<i>Explain the resilience capability from time-basis</i>
<i>Precision & Recall</i>	<i>Efficiency</i>	<i>Explain the "false positive" ratio and "false negative" ratio as the efficiency of detection</i>
<i>Detection Coverage</i>	<i>Coverage</i>	<i>Covering entire MITRE ATT&CK</i>

"Successful" Detection Engineering Program

KPI #1 : MTTD + MTTR

- Detection Engineering shorten MTTD + MTTR
 - MTTD (Mean Time To Detect) : Average time between attack start and have detected
 - MTTR (Mean Time To Response) : Average time between detection and response
- **Background Theory : Time-Based Security (by Winn Schwartau)**
 - System are secured if it satisfy following equation
 - **MTTA > MTTD + MTTR**
 - MTTA (Mean Time To Attack) : Average time between attack start and end



"Successful" Detection Engineering Program

KPI #2 : Precision + Recall

- Precision + Recall is defined as follows.

< Confusion Matrix >

		Alert Generation?		
		YES	NO	
Malicious Attack?	YES	True Positive	False Negative	Recall
	NO	False Positive	True Negative	

Precision

< Precision + Recall >

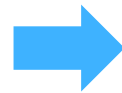
$$Precision = \frac{True\ Positive}{True\ Positive + False\ Positive}$$



Understanding False Positive ratio

An indicator of how many malicious attacks are correctly detected out of the total # of alerts generation

$$Recall = \frac{True\ Positive}{True\ Positive + False\ Negative}$$



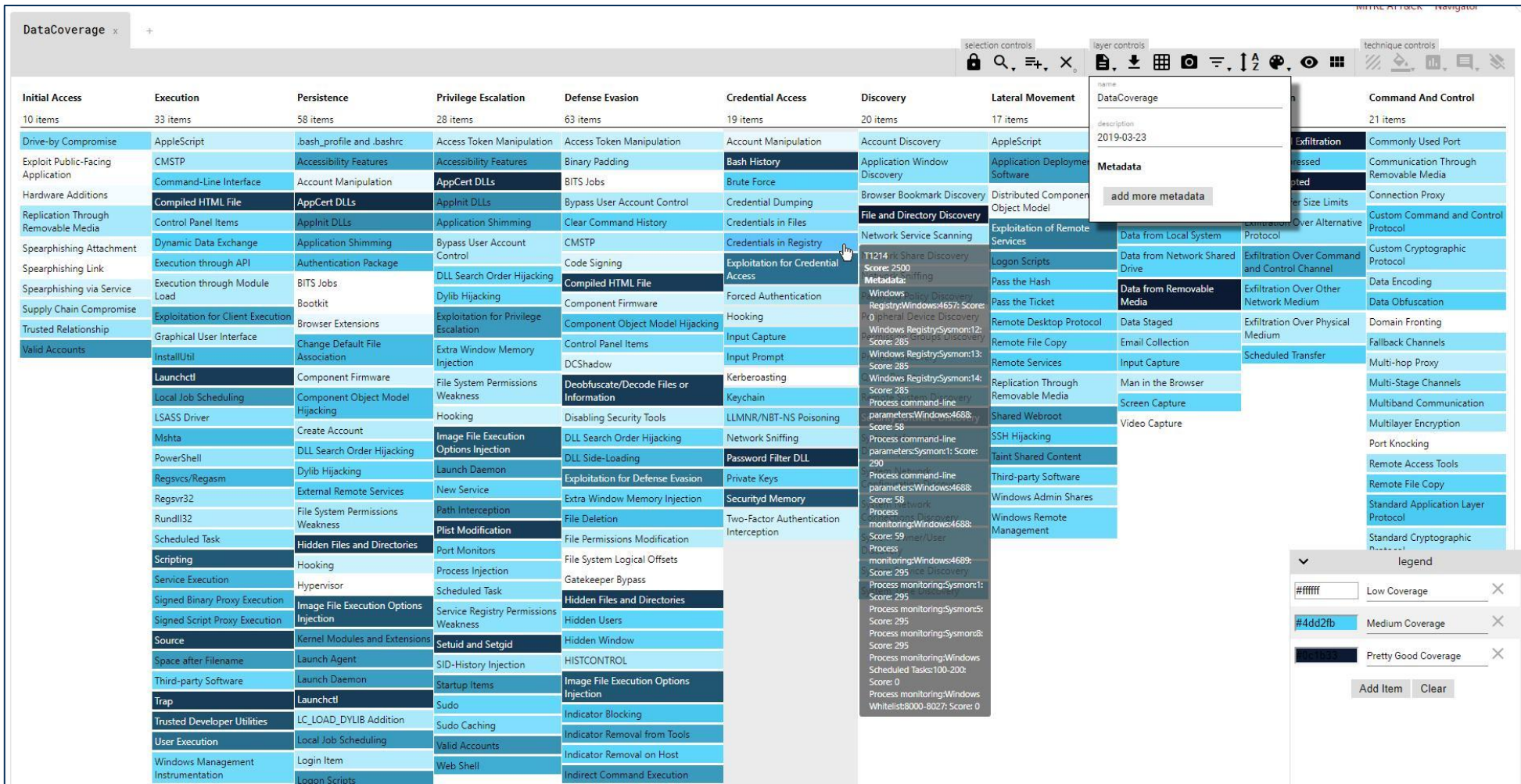
Understanding False Negative ratio

An indicator of how many malicious attacks are correctly detected out of the total # of attacks that actually occur.

"Successful" Detection Engineering Program

KPI #3 : Detection Coverage

- Detection Coverage is as follows.



Source : <https://twitter.com/olafhartong/status/1109569799863091201>

"Successful" Detection Engineering Program

- "3M + C framework" can improve "3 Critical KPIs".
- "3M + C framework" makes Detection Engineering Program "successful".

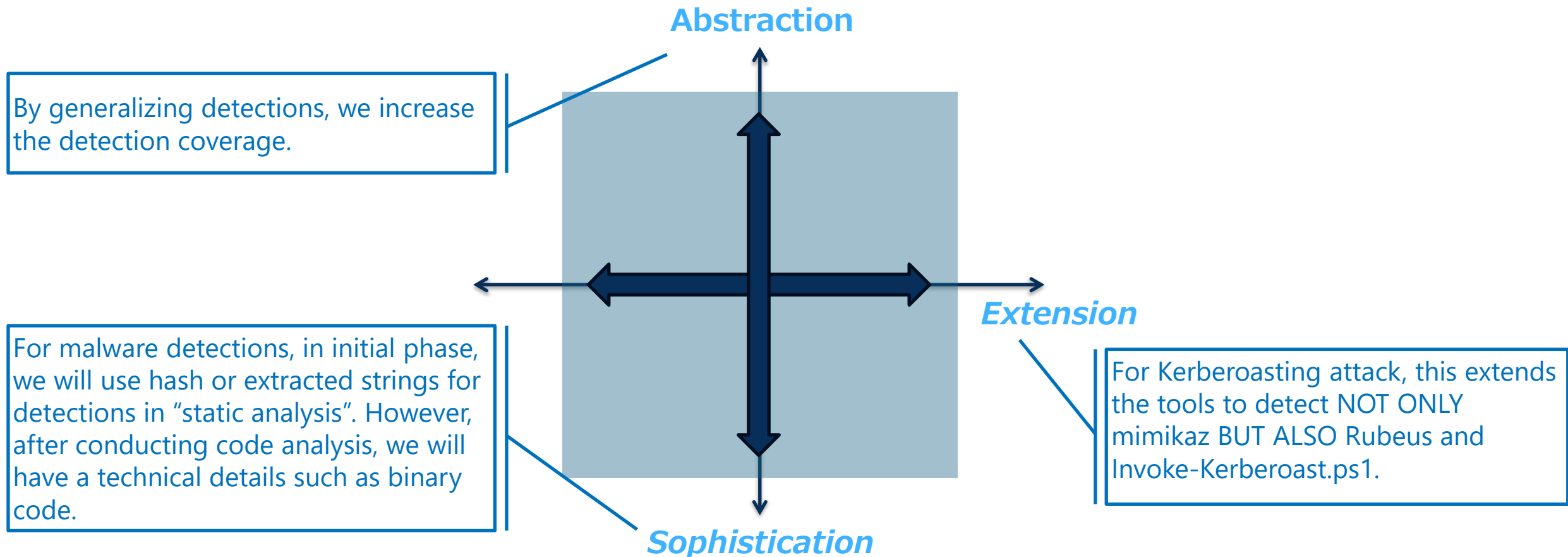
< 3M + C framework & 3 Critical KPIs >

	Metrics	Monitoring	Maintenance	Continuous Validation
Evaluation Viewpoint	Top Down	Bottom-Up	Bottom-Up	Top Down
Approach	Reactive	Reactive	Proactive	Proactive
Evidence	Quantitative	Qualitative	Qualitative	Quantitative
↑ MTTD + MTTR	✓	-	-	✓
↑ Precision + Recall	Precision	Precision	Recall	Recall
↑ Detection Coverage	-	-	✓	✓

"Successful" Detection Engineering Program

How to Expand the Detection Capability

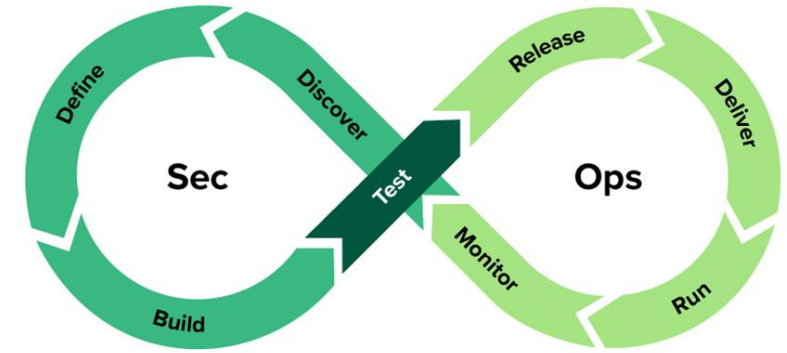
- Extension : Extend the detection capability to similar attack methods or tools
- Sophistication : Deep-dive into technical details for further detections
- Abstractions : Generalize detections (Follow the Idea of MITRE "*Summiting The Pyramid*")



Wrap-Up

Wrap-Up

- **Part I: Defining Detection Engineering**
 - “Systematic approach to mind Detection Gap”
 - Three Characteristics of Detection Engineering
 - Detection Engineering Process (DR-DLC Model)
- **Part II: Detection Engineering Process Deep Dive**
 - Detailed Explanations of DR-DLC Process
 - Sharin several framework/idea for structured approach such as RESCUE, HOPE, 3M+C, VECTOR
- **Part III: “Successful” Detection Engineering Program**
 - High-Level KPIs for “Successful” Detection Engineering Program
 - Discuss the relationship between 3 Metrics and 3M+C “Monitor” framework
 - 3 Strategies for further improvement



Thank You!



@scientia_sec



<https://www.linkedin.com/in/tomohisaishikawa/>



scientia.admin@gmail.com
